



The INSIDER

An Independent Newspaper

For Wynmoor Residents

VOL. 2, NO. 12

DECEMBER 2018



Thank You Neil Nota

After serving the community in many capacities for numerous years, Neil Nota, 1st Vice President on the Management Committee unexpectedly resigned for personal reasons. We will miss Neil's dedication to his position, his input and his contribution toward the successful realization of numerous projects. Neil, will continue in his role as Council Representative for Portofino Village II until the end of this month when his term expires. Thank you Neil for all you have done to make Wynmoor a great place to live. **-Bruce Bandler**

Following many years of impeccable service to the Management Committee, 1st Vice President Neil Nota has decided to retire from his post and enjoy some well deserved leisure time with his family and friends. Neil was a great asset to the team, his knowledge in a wide range of topics was always helpful, his editing skills were superb, and his sense of wit was appreciated by us all. Neil will certainly be missed, but we extend him our very best wishes. **- Jackie Railey**

HAPPY HANUKKAH

MERRY CHRISTMAS

Grounds Maintenance Keeps Wynmoor Looking Good

The West gate continues to flourish with tropical landscaping. We would like to Thank Grounds Maintenance for all their hard work.



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2501 ANTIGUA (SEASONAL RENTAL)	\$ 2,000		

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- 2710 Nassau • New Appliances, New Waterproof Flooring, Water View **\$89,000**

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- 1603 Abaco • Glass Enclosed Florida Room, 1550', Largest Kitchen in Wynmoor **\$159,900**
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- 2103 Lucaya • Decorator Furnished, Turn Key, All Porcelain Tile, Glass Enclosure **\$129,000**
- 2903 Victoria • Breathtaking Private Shaded Water & Golf Course Views **\$69,000**

COMING SOON!

- 1203 Bahama • 3 Bedroom, Corner, Impact Windows, New Appliances
- 3403 Bimini • Great Water View from Glass Enclosed Patio

SEASONAL RENTALS - 2/2

- 1704 Andros • Queen Bed In Master, 2 Twins Guest, Washer/Dryer 'Iris' Floor Plan **\$2,700/mo.**
- 2902 Victoria • Corner, Queen Bed In Master, Can Rent January 2019 For 3 Months! **\$2,500/mo.**



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Map of Wynmoor at:
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CLOSED IN OCTOBER	LIST PRICE	SOLD PRICE	DAYS ON MARKET
3402 Bimini	\$179,000	\$179,000	8
1503 Cayman	\$134,000	\$129,000	73
2304 Lucaya	\$109,000	\$95,000	67
4402 Martinique	\$129,000	\$120,000	15
4402 Martinique	\$95,000	\$95,000	2

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We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or **legibly** printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of **The INSIDER** and will not be returned. The Insider is not responsible, and assumes no liability for the content expressed in any contributed material.

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WORD LIMITS:

- NEIGHBORLY NEWS 200 Maximum
- CLUBS 200 Maximum
- PEN TO PAPER 250 Maximum
- ARTICLES OF INTEREST 450 Maximum

Articles must be typed or legibly printed. Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

Deadline: The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

The Insider reserves the right to refuse publication of any article or ad submitted, if such does not meet the standards set forth by **The Insider**, or does not adhere to its deadline. **The Insider** shall have the right, in its sole discretion, whether or not to accept any material for publication.

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Security News

Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

In Case Of Emergency 9-1-1

In each unit, there is a button for emergencies. When this button is pushed, it is supposed to notify the guard gate that there is an emergency.

However, due to equipment problems and the age of the equipment located in each unit, the system is not working properly. Therefore, if you experience an emergency, you need to call 911. Do not rely or use the button in your unit.

Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guest has I.D. ready when approaching the gate for proper verification. Make sure your guest has the NAME and ADDRESS of the resident they are visiting.

Important Numbers

For Medical Emergencies Always Dial 9-1-1.

- Security, Emergency: 954-978-2663
- Automated Gate Access: 954-978-2666
- Security Dispatch: 954-978-2667
- Resident Registration Office: 954-978-2600, ext. 321
- On Call Bus: 954-978-2667
- Coconut Creek Police, Non-Emergency: 954-973-6700

Hours of Operation

- Administration/Pool/BBQ: 5:00 AM - 10:00 PM
- Fitness Center: 5:00 AM - 10:00 PM
- Country Club: 8:00 AM - 12:00 Midnight
- Racquet Center: 6:00 AM - 11:00 PM
- Theatre Complex: ...7:00 AM - 11:00 PM (unless there is a specific approved event)

INSIDE

Pen to Paper.....	Page 7	Martin Zevin, PA.....	Page 35
Kevin Rader.....	Page 13	Dr. Joy.....	Page 36
Poetry	Page 14	Amazing <u>ONE</u> ders	Page 38
Financial Focus	Page 19	Who's Who	Page 41
History Corner	Page 20	Games & Puzzles.....	Page 42
Property Appraiser	Page 20	Supper Club.....	Page 44
County Commissioner	Page 23	Safety Solutions	Page 45
Inspiration Station.....	Page 24	Neighbors.....	Page 50
Jack's Philosophy	Page 24	City Matters	Page 51
Movies	Page 25	December Classes.....	Page 52
Dr. Oz	Page 26	Clubs.....	Page 54
Golf News & Tips	Page 28	Sheriff	Page 61
December Shows.....	Page 30	Classifieds.....	Page 62

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Hadassah

By Kenneth D. Newman

Many of us have always thought of our friend Myra Pinto as our "Woman For All Years." However, on Sunday, October 28th, the Hadassah Chapter of Wynmoor, finally made it official and honored her as their "2018 Hadassah Woman of the Year."

Pictured we see Myra's beautiful family:

Top Row (left to right): Grandson Gregory, Steven (Myra's son), Michelle (Steven's wife), and Donald (Vicky's husband). **Middle Row:** Myra Pinto. **Bottom Row:** Vicky (Myra's daughter) and Ronnie Rubin.



Congratulations to Myra Pinto!

Look Who's Coming To Wynmoor

By Beverly Friend

While Irv and I are no longer teenagers, we still lay claim to being GROUPIES. The entertainer we follow is Charles Troy, who presents brilliant multimedia programs on **Broadway Musicals and Their Creators**. He will be at Wynmoor on Tuesday, January 8th from 10:30 AM - 12:00 Noon with the dazzling history of the making of **CABARET!**

What is so unique about his presentations lies in both form and content. The content is obvious; the making of CABARET is a great story from book to stage to film.

His format is equally amazing. Troy incorporates movies, original graphics, vintage photos, historic video, and an extensively researched narrative in creative and dramatic ways. In



fact, he was a professional graphic designer and it shows!

While based in Chicago, he tours Florida every January (both coasts), and has also presented in Scottsdale, San Francisco, Ann Arbor, and New York and has more than 50 programs in his repertoire. In addition to **CABARET**, he covers *Funny Girl*, *Fiddler on the Roof*, *The Sound of Music*, *Gypsy*, *Ragtime*, *The King and I*,


Oklahoma, *The Wizard of Oz*, *Wicked*, *Guys and Dolls*, *Evita* and many more.

The fee for the lecture is \$10, which can be paid at the Recreation Office near the main pool. Learn more about Troy and his upcoming schedule at <http://www.charlestroy.com/Site/homepage.html>

Not to be missed!

Your Articles of Interest Are Always Welcome!

Email them to Wynmoorads@aol.com in a word document or put them into the INSIDER box as you have done in the past!





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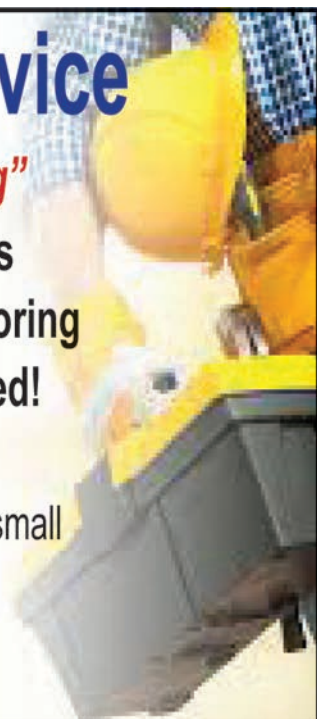
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Museum of Decorative Arts and the Deerfield Beach Arboretum (or Tree Zoo)

This month, we will have a bus trip to the Fairchild Gardens on December 20th. It includes both a 45 minute tram tour and 30 minute walking tour. In January we will travel by bus to the Frost Art Museum in Miami where we will have a 60 minute docent led tour. You can pay for the December and January trips at the December 6th meeting. February's trip is another bus trip, this time to the Frost Science Museum. It includes a 90 minute Free Walk, a visit to the planetarium to see "Dynamic Earth," and (possibly) an Aquarium tour. Lunch will be in the café (not included in the price).

If any of your questions about the trips are not answered at the meetings, you can contact Ilana Shimony at 754-222-9488. For answers to other questions call Michael Koss (President) at 754-205-5722.

News From Temple Beth-Am

By Toby Gordon

Before you know it, Chanukah will be here. The first night of Chanukah is December 2nd. On that date you can join us for an afternoon of music and fun when we host Neshama Carlebach. She is a 2016 Brooklyn Hall of Fame Inductee, a Co-Creator of the Broadway Musical "Soul Doctor," which are just a few of her many accomplishments. A good time will be had by all!

Also, don't forget our Film Festival, Saturday, December 15th. Come and enjoy a documentary film about the life of Itzhak Perlman. Learn of his struggles and how he overcame them and his accomplishments along the way. On January 12th, we will be showing "The Band's Visit" about a band comprised of the members of the Egyptian Police Force, as they get lost traveling to perform at the inaugural ceremony of an Arab Arts Center and end up in Israel. This film will have English subtitles since it is mostly in Arabic. There will be light refreshments after the film, which will give us a chance to discuss it with our friends.

We always have a minyan daily at 7:20 AM and 6:00 PM. Friday evening Carlebach Services are at 6:30 PM and Saturday Morning Shabbat Services are at 9:00 AM. Everyone is welcome to attend, regardless of whether you are a member or not.



The Insider is not responsible, and assumes no liability for the content expressed in any contributed material. Material in the paper represents the author's own opinion, and not necessarily the opinion of the Insider.

Fall Back, Spring Forward

By Carol Greenberg

Tic, toc, tic, toc, I'm the happy owner of a smart clock. Long before there were smart phones or smart televisions, I purchased a smart clock. If there is a power failure, when the power comes back on, the time on my smart clock is correct! No instruction manuals needed! You might need those manuals to fix your blinking microwave, your blinking oven, or even an ordinary clock. I definitely still need my manual to fix my car clock when the time changes twice a year. In regards to that time change (fall back, spring forward) you can imagine my shock a few years ago, when my smart clock did not change the new time on time. I almost tried to fix it manually, but then I realized that the little man inside my clock had not received the email or text that the time to "spring forward" had indeed changed by the powers that be!

Well, since then, twice a year, I pass my smart clock and whisper "I'll wait, I promise." Lo and-behold, exactly two weeks later the correct time appears. Perhaps the email service is on a time delay, or my little smart clock is showing signs of some memory loss.

Tic toc, tic, toc, I remain faithful and patient with my wonderful smart clock!

Continued on page 8

NOTICE

Please, if anyone mistakenly picked up a bunch of keys in the Wymoor Business Office about 2 months ago, kindly leave it by the Security Office or the Business Office in the Library. There is a tag on it with the word (LEN), also a key with a Mercedes logo.

Thanks,

Lenny Mills

P.S. It belongs to the Security Officer who works the office on weekends.

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pen to paper

Pen to Paper continued from page 7

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I Am Such a Baby!

By Peter Hardis

Not too long ago I was stopped by a Coconut Creek Florida police officer. "License, registration and your insurance card, please." I asked him, "Officer, what did I do wrong?" He said, "You went through a red light which is a very serious offense!" "Please, officer, please, please don't give me a ticket!" Then I started to cry. He told me to remain in my car and he will be right back. About five minutes later he returned and said, "At first I was just going to let you off with a stern warning, but in the nine years that I've been on the force you are the first person I ever stopped who acted like a real baby, crying, begging and all of that "please" stuff. You can only blame yourself for the reason why I'm going to give you something to really cry about!" He handed me a ticket and off he went.

By the time I got home I was still in a state of shock. I just couldn't believe what happened. I sat for a long time staring at the ticket. All of a sudden, I noticed on the ticket, in very small print, "If you wish to enter a 'NOT GUILTY PLEA' fill out this section and mail it to..." I thought, "Hey, why not? I have nothing to lose. I bet if I handle this the right way there is a good chance I can beat this." I filled out the 'NOT GUILTY' section and ran to the post office and mailed it. When I got back home I started to write out a three-page outline about myself which I planned to read to the judge. I figured if I could only hold back from crying in front of the judge, he will be so impressed with what I was going to read to him that he will throw out the ticket.

Some of the highlights of what my statement to the judge contained the following: I've been driving an automobile for over 57 years; As a driver I have probably driven more than a half a million miles; In all that time I was never stopped once by the police for committing any driving infractions; Your Honor, this might sound like I am bragging to you, but it is true. I am

so proud to say that on two separate occasions I was stopped by highway patrol officers because they just couldn't believe how good my driving skills were (that was a lie but I thought it would really impress the judge); As you can see I am not a youngster, however my internist recently told me that I am one of the most alert human beings he ever examined and he is of the opinion that I'm fit enough to drive as safely as I do well beyond my hundredth birthday (another lie). My comments to the judge would continue for about another 10 minutes. I was so sure that all of what I was going to tell the judge would be enough for him to excuse the ticket that I received.

When I got to court instead of a judge, a man who was not wearing the traditional judge's robes, walked in and took a seat where the judge would normally sit. He said, "Good morning. I am the court magistrate and I am here today to play 'Let's Make A Deal.' When I call each one of you up I will read your offense and then I will offer you a deal. If you don't like my deal then we will schedule a hearing date for you to face the judge who doesn't like playing 'Let's Make A Deal.' Are you all ready to play 'Let's Make A Deal'? OK, Mr. Miller will you please approach the bench? Your officer ticketed you for going 78 mph in a 40 mph speed zone. Here is my deal: You will pay \$395 and I will forgive the points on your license. Will you accept my deal?" Mr. Miller nearly fell to the floor. He said, "Mr. Menstruate, my parole officer won't believe this!" Then he did some kind of wild dance out of the courtroom.

"OK, will Mr. Harvest please approach the bench?" I said, "Mr. Magistrate, the police officer must have spelled my name wrong on the ticket. My correct name is spelled H-A-R-D-I-S, pronounced HARDIS." Then I took out my 4 page speech and said, "I would like to make a statement to the court." Then I started to read it, "I have been driving an automobile for over 57 years and..." "Mr. Harvest, can you give me that thing you are reading?" I handed it to him assuming that he was going to read it to himself, but instead he handed it over to the court stenographer, saying to her, "Debbie, make

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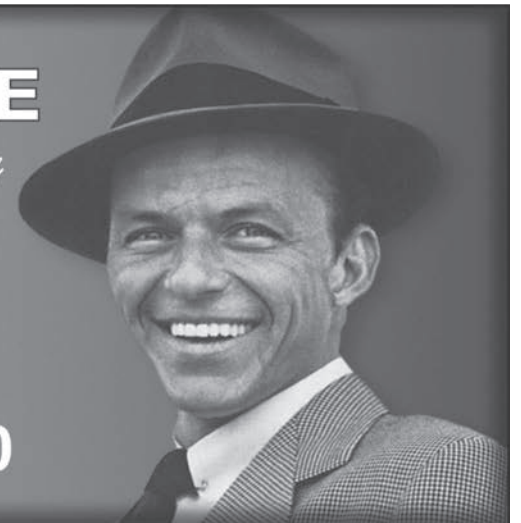
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pen to paper

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sure you shred this before you go to lunch! Now, Mr. Hardwick or whatever your name is, I see that the officer ticketed you for going through a red light. I also see from your license that you are from New York State. Maybe they allow drivers to go through red lights in New York but here in Florida we don't! Let me ask you, are you a snowbird?" I replied, "That really all depends on how terribly hot it gets down here. I hate hot weather." In a very angry voice he said, "Mr. Hardwock." I immediately interrupted him, "No, it isn't Hardwock, it's HARDIS!" He continued to say, "You know you came into the Sunshine State, the state I love so much and you have the audacity to insult it. You drive through my state recklessly; isn't the fact that you are here today proof that that's so? And all you care about is how I pronounce your name. I think that a better name for you would be Mr. Hoodwink because all you've been doing here all morning long is trying to hoodwink this court." He was so angry at me I felt as though I was going to have a stroke. My whole body was shaking, sweat was pouring out from all over my body, tears started to well up in my eyes and began to roll down my cheeks, the world was spinning out of control. I was so dizzy I was sure I was going to collapse. Then I think he began to say, "Mr. Hardnick, are you ready to play 'Let's Make a Deal'?" I was so terrified that I imagined that his deal was that he was going to tell the bailiff to handcuff me and lock me up. I said, "Mr. Magistrate, maybe it would be a better idea if I just paid the fine and take the points on my license than to take the deal you're about to give me." All of a sudden he screamed out, "CASE DISMISSED!" He then continued, "Mr. Hardis now I want you to get out of my sight and out of my courtroom as fast as your little legs will carry you out of here! Don't you ever show your face again in this or in any other Florida courtroom because if that should ever happen you will regret it for the remaining years you have left in your life!"

When the words "case dismissed" finally sunk in I immediately perked up. At that point I didn't care what the magistrate said to me because I beat the ticket and that was what I went there to do. I was so proud of myself!

As I was leaving the courthouse I had a big smile on my face for the first time in the six weeks since I got the ticket. As I approached my car I noticed that there was an ad flyer on my windshield. I said to myself, "There should be a law forbidding merchants from putting these on cars." As I removed it from my windshield I noticed that it looked more official than just a simple ad. I began to look it over. 'Official Notice: Your Car Is Illegally Parked In A Parking Spot Reserved For The Handicapped. The Mandated State of Florida Fine For This Offense Is \$250. On This Ticket If you wish to PLEAD NOT GUILTY then... That's just when I began to cry. I continued to cry all the way home and for the rest of the day. I AM SUCH A BABY!!

The Great Acadian Sea Battle

By Lawrence E. Correia

Though the story I am about to tell you is true and accurate the names of both the British sea captain and the name of the British frigate involved is fictitious because I was unable to acquire them from the British Admiralty.

During the War of 1812, which we Americans refer to as our second war for independence, our government issued Letters of Marque And Reprisal which legalized civilian vessels to attack and seize any enemy merchant of fishing vessels. Thus, many of these privateers, from the Bar Harbor region, attacked and seized merchant and fishing vessels off the Grand Banks fishing grounds east of Nova Scotia, Canada.

So, after two years of this constant naval harassment the Canadians pleaded with the British Admiralty to send naval relief to end this American threat. In the early autumn of 1814, the admiralty dispatched the 33-gun frigate HMS Endeavor to put an end to this American problem, under the command of Captain Jonathan Whitcomb.

To begin his search for the elusive Americans, the captain sailed to Halifax,

Continued on page 10

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pen to paper

Pen to Paper continued from page 9

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Nova Scotia to get first-hand information about the approximate location and strength of the Yankee privateers and their vessels. He was informed that the Americans were generally located between Bar Harbor and Rockport, Maine and had roughly six fishing schooners armed with cannonade.

With this information and several maps of the Maine coastline, the ship's captain readied his vessel to do battle with the American privateers. At first everything on the sailing to the Maine coast went very smooth and uneventful. The Captain who was eager for battle with the privateers and hoping to meet them on the high seas was disappointed. As he neared the Maine coastline, the captain sailed into some very dense Atlantic fog. It seems that the fog was so thick one could barely see more than 6 or 7 feet in front of oneself.

Undaunted by the fog Captain Whitcomb decided that he would outfox the Yankee privateers. Instead of sailing into Bar Harbor from the northeast as he believed that the Americans would expect him to sail from that direction, he instead decided to sail past Bar Harbor and arrive from the southwesterly direction. By doing this he hoped to catch his foes unaware. One should be aware that in the days of the sailing vessel ships move rather slowly, especially in foggy weather.

Several miles south of his target port he expertly tacked his vessel into a 180 degree turn, sailing his vessel as close as he dared to the shoreline and believing that would catch the Americans completely unprepared. He ordered his port batteries to be armed and rolled out to give the Americans a full naval broadside. As he was giving orders to this crew, the captain heard faint voices in the distance.

Shocked at hearing voices in the distance Captain Whitcomb believing that the voices were that of the American privateers, ordered his crew to fire a 16-gun broadside. Within seconds after his order to fire, he heard a broadside from the Americans. Through the din of battle, he could hear the breaking of spars and masts crashing into the water and at the same time enemy cannon tore into his ships foremast and rigging, tearing large gaps in his sails. It was then that he realized that he was engaged in sea battle not with lightly armed schooners but with an American frigate of the 48-gun Constitution class. His only way to survive this battle with an unseen adversary who was far more heavily armed was to bid a hasty retreat and to face the enemy on terms far more advantageous to British victory.

As he retreated, his vessel continued to fire at the unseen enemy, as the ship departed from the battle scene he realized that the enemy fire decreased dramatically. Could by accident of chance surmised Captain Whitcomb that by coming against them with complete surprise that in the fog we somehow managed to sink their vessel. With his ship nursing some, damage the captain felt it his duty to sail to Halifax for repair. While his ship was being repaired he sent a complete report to the British Admiralty about his engagement with an enemy vessel, claiming success.

Roughly ten months later after the United States and England signed a peace

treaty ending the War of 1812. Upon hearing the good news of peace at last, Captain Whitcomb sailed his vessel the Endeavor to Bar Harbor for a peaceful visit and to find out the name of the vessel he did battle with last October. To his surprise no one knew what he was talking about because they knew of no battle being fought in their neck of the woods. To satisfy the captain, an old sea dog who has lived in the area for many years, was brought forward to answer the captain's questions.

This elderly gentleman listened intently to the captain's story of a naval battle. After hearing the story, he asked the captain when this battle took place and where. When he was satisfied he had heard enough, the old sea dog said, "Captain I know what happened and why, but you won't like the answer even though it be the truth." Captain Whitcomb immediately replied, "Sir I don't care if I don't like the answers, all I want is the truth." "Very well," replied the old sea dog, "The truth you want and the truth you shall get."

"First of all," he said, "Captain you stated that you arrived in the area in October, well that is the time of year when cold arctic air comes over the area and meets the warm waters of the Gulf Stream causing a very dense wet fog. No wonder you couldn't see anything and it has another effect. So, when you sailed along the shoreline of the Acadia region the moisture from the fog on the cliffs acted as a sounding board. Any sounds you made were returned as echos. The voices you heard were your own and the order to fire the cannon was you, and the crashing sounds you heard were those of rocks from the cliffs falling into the sea. Those cannon balls striking your masts were yours that you fired. Captain the enemy in this engagement was you and your ship, because there was no enemy vessel. It is no wonder you found cannon balls and splintered rocks at the base of the cliff."

With a disheartened look the captain realized that what he had been told was the truth. Several Americans who heard the truth were about to break out in laughter until the old sea dog warned them that mother nature has a way of testing anyone who makes a living on the sea. Captain Whitcomb thanked this elderly gentleman for his honesty and compassion.

The next day the captain sailed his ship to Halifax and rewrote his report of the naval battle explaining the true story and asked the admiralty to disregard the earlier report. The British admiralty read and studied the new report and decided to disregard it. Instead they kept the original report and, in the conclusion, wrote that the battle off Acadia the combatants were British - HMS Endeavor Adversary - Unknown.

P.S. - One must not judge the British Admiralty too harshly, remember their fleet failed to take the city of Baltimore because of the American defense at Ft. McHenry. They did manage to burn the American capital, but in the aftermath, they were struck by a tornado causing heavy casualties. In 1815 they suffered a disastrous defeat in the battle of New Orleans. I guess it is understandable they did not want a report stating that one of their sea captains fired on his own vessel.

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All About

ACUPUNCTURE

By Marcus Smith, Licensed Acupuncture Physician

5 FREQUENTLY-ASKED QUESTIONS (and answers)

Perfected over a period of 2500 years, acupuncture is the healthcare-of-choice for two-thirds of the world's population. It is recognized by the World Health Organization and is now being taught to students at U.S. medical schools including Harvard, UCLA Berkeley, and the University of Miami Miller School of Medicine. Health Insurance companies are adding acupuncture coverage to their standard policies, and many Medicare Supplemental Policies now include Acupuncture riders.

Does acupuncture hurt?

Usually not. A common misconception about acupuncture is that it hurts, and the fear of pain from acupuncture needles is one of the most common reasons people decide not to get acupuncture treatments, but most people find that it doesn't really hurt. Often when an acupuncture needle is inserted, the patient reports that they don't feel anything at all, but most likely a slight, momentary tingling sensation will occur. Most patients find the experience very relaxing and some even fall asleep during treatment.

What does acupuncture treat?

Because acupuncture stimulates our body's innate self-healing ability, virtually any health condition can benefit from treatment. Much of the research that has proven the effectiveness of acupuncture has focused on a few specialized areas of care. At the top of the list is the treatment of pain and neurological conditions, followed by respiratory, immune system, digestive problems and substance addiction. Here in south Florida it is not uncommon to find clinics specializing in fertility and pregnancy support.



Do I have to "believe in" acupuncture for it to work? Is it a placebo?

Absolutely not. Just as taking medicine causes physiological changes regardless of knowledge or belief in it, acupuncture causes physiological changes in the body regardless of knowledge or belief in the treatment as well. The proof lies in the fact that acupuncture is used effectively on dogs, cats, horses and other animals, as well as infants. These patients do not understand or believe in the process that helps them get better.

Can I continue taking my prescribed medication while receiving acupuncture treatment?

Yes. Acupuncture is used in conjunction with other medical care to great advantage. As treatment progresses and your symptoms improve, your medical doctor may decide to reduce or eliminate certain medications altogether. Less medication means less expense and far fewer side-effects.

How long does it take to start seeing results from acupuncture?

How soon patients see results all depends on the type of condition being treated, as well as the individual's response to treatments. Sometimes immediate relief may be felt after the first one to two treatments. Other times there may be a one- or two-day delay for the response from treatment, and sometimes it can take several treatments to start feeling results. For example, if a healthy person receives a treatment for a cold, it is likely that they would feel immediate results. On the other hand, if the same person gets treated for back pain they've been suffering with for 10 years, it may take several more treatments before they start to feel an improvement.

See our ad on page 16.

REMEMBERING PEARL HARBOR

By Lil Miller

Sunday, December 7, 1941, 7:00 AM: Pearl Harbor was bombed by the Japanese. I was 16 years old, my high-school sweetheart of 17 years old, was a senior at South Site School in Elmira, New York. It was a cold Winter morning. I was decorating a Christmas tree in my family's home, while our "lil" RCA radio was on, when F.D.R, our President, announced the horry news!

We, (sweetheart of 4 pairs) strong, grabbed our ice skates. My class was too young to enlist at 16 years, but 17-year-old seniors were all given honorary diplomas to enlist in serving America!

A turn of the Century began. Move over America. Here comes the brave, short and tall to save the U.S., all to walk big and tall to save the U.S., all to the wonderful great land we stand on today called The United States Of America, the home of the free and brave! To march into many other wars and alive, I say, "I love you."

I, at 16 years old, took flying lessons and got my license to fly Cival Air Patrol. It was shore-line flying, a love I still have today. It was a time of strife, no nylons (service), ration food, (service), cars, tires, ect (service)!

We sacrificed for our beloved men and women to have the luxury we couldn't. Teary goodbyes at train stations and airports.

A new Century was born in 1945 and the atom bomb was dropped on Japan, giving us the freedom we have with our friends on streets today.

My husband, John Miller and I tied the wedding knot with a military

wedding on August 9, 1945, the same day the atom bomb was dropped on Japan. As the atom bomb was dropped on Japan on our wedding day, every service person at Turner Field Air Base, including our wedding party, knelt in prayer and silence for the surrender for all and respect to all mankind.

I write this in John's memory, to be kind to your neighbors of all creeds and colors. Remember Pearl Harbor and the freedom of our land today, good 'ol U.S.A.

**I remain yours and love you,
Lil Miller**



Lil Miller, Age 91

John Miller, Lil's Husband

Kevin Rader

State Senator, District 29



Dear Friends:

I would like to wish you and your family a happy and safe holiday season. It is my honor to continue serving as your State Senator.

The internet is an innovative tool that is convenient and helpful for everyday purposes. Frequently we check our emails, browse through our social media pages, and shop on websites. Especially at this time of year to purchase gifts for our loved ones. However, the World Wide Web can be dangerous and be used to trick an individual so that con artists can gain access to their personal information. I have listed some

tips on how users can avoid online schemes.

- ❖ When buying items online stick to brands and businesses that are familiar or have a strong reputation. Never click on pop-up alerts of any kind. Often times these messages will say that you won something or that your computer has a virus.

- ❖ Ask a friend or loved one to help you find a real anti-virus software, anti-spyware, and firewall technology to prevent swindles.

- ❖ Do not open emails or attachments from senders you don't recognize and never open links sent in a spam email.

- ❖ Use strong passwords that include numbers, symbols, upper and lowercase letters to avoid being hacked.

The holidays tend to bring out the best in others. In the spirit of giving many people will generously donate to charities. Unfortunately, in the age of the internet, fake institutions often take advantage of good-willed men and women who thoughtfully wanted to support a cause. Because of this it's extremely important to research charities before making donations. Below are some resources for your reference in case you or a loved one are looking to find a genuine organization that optimizes your donations.

Check-A-Charity
Phone: 1-800-435-7352

Charity Navigator
www.charitynavigator.org

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If you have any questions or comments, do not hesitate to reach out to my office. **District:** 5301 N. Federal Highway, Suite 135
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POETS *and* POETRY

If your poetry was not in this issue because of space, we will try to get it in the next issue.
Our goal is to give everyone an opportunity to have their work published. All poetry will be printed as submitted.

Remember Me

By Judith Bobker

Remember me when in the garden
Spring is breaking through.
When it's a symphony of yellow,
A rhapsody in blue.

And if you look a little closer
Maybe then you'll see,
That figure, snipping happily,
Dead flower heads, is me.

And there is midnight, valentine,
Ariel, on bended knee.
To greet his dancing Lila, come
To keep me company.

Remember me in Summer heat,
When you pause in the path.
To watch the Cardinal and Sparrow
Frolic in the bath.

Remember me when Autumn leaves
Are burning, gold and red,
And when the time is nigh to put
The Peonies to bed.

Remember that each weed I pulled,
And bush I trimmed anew,
And care I gave each lovely flower,
Was out of love for you.

.....

Time

By Larry L. Band

'Yesterday' is a time that has passed, and it
is what it was.

'Today' is what it is, with memory that
pleases and/or gnaws.

'Tomorrow' is the uncertain time reserved to
live each day anew,

It comes and goes quickly, so carpe diem,
enjoy life and be you.

Sitting With Mother

By Judy Willow Weissman

At Summer's end
In a flower garden with trees,
I sit with my Mother.
She points out the scenery
"It's nice having you here"
"It's nice being had," say I
She laughs.

At 102, bless her soul,
She has a sense of humor,
Though long days have
Shortened her patience,
Diminished her hearing, memory,
Ability to walk and even breathe.

I sit by my Mother
Now she is sleeping
She will not remember
When I slip away
{I was told not to tell her
It would make her sad)
This is the last day of my visit.

With Winter coming
And colds as well as cold,
This may be, sadly enough,
The last time I'll travel
To sit with my Mother

Oct. 17, 2018



Wifey Advice For Me

By Larry L. Band

Note well, that a person's life will be much
better or at least not as difficult or bad
If one's coolness or sleeplessness is due to a
thyroid instead of an ovary or gonad.
Indeed, the quickest remedy for thyroid
induced coolness and for afternoon naps
Is to take 10 more pills, and not mope around
waiting for a trumpeter to play taps
However, if such coolness and sleeplessness
are due to one's advancing old age
Speak to your soul-mate who is gifted and
wise enough to survive your dotage.
And let her know about your sleeplessness as
well as about your being cold in the summer
heat.
I did, and she told me to get a new mattress
for sleep and bright colored socks for my
cold feet.

.....

MY LIFE

By Mel Berenson

She is my role model and always will be.
The wonder of wonders.
She is my traveling companion,
lovingly besides me at all times;
to all tomorrows a guardian angel
Her advice is always extra ordinary
and her hugs are a blessing.
I can be difficult at times,
and often will not realize them;
but as I age, I am learning to speak
in lower tones. Lower, lower tones.
You are all I shall always admire,
with support system from heaven.
God Bless You Always.
You are my life, now and forever.



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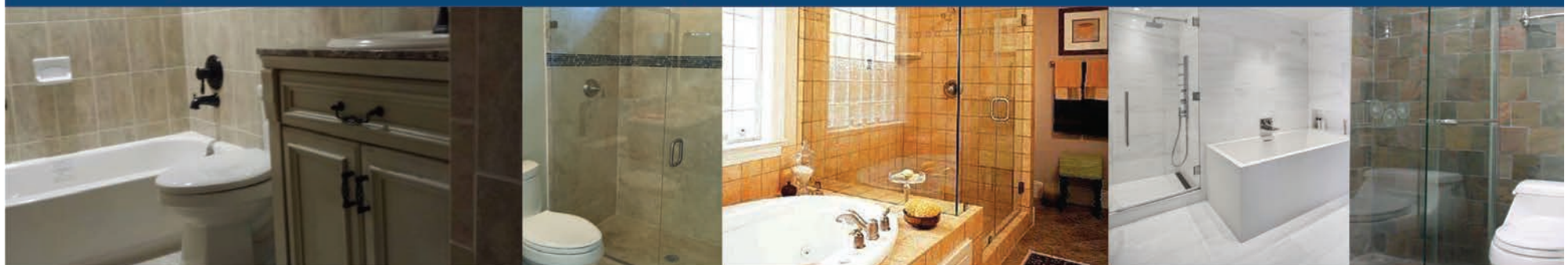
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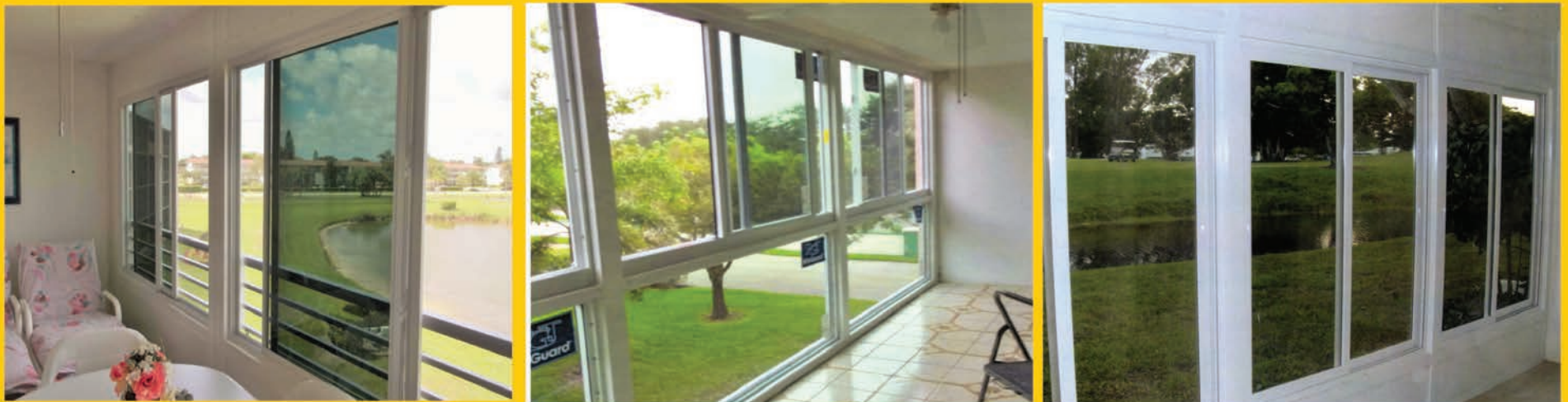
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How Can Life Insurance Help You?

You may not be aware of it, but September is Life Insurance Awareness Month. Of course, you probably recognize, at least in a general sense, the importance of life insurance, but do you know the various ways in which it can help you?

Life insurance can play a sizable role in your ability to achieve some important financial goals, such as these:

- **Helping your family maintain its lifestyle** – If you are married and have young children at home, you and your spouse may need to work. If you were no longer around and your earnings were gone, could your family still afford to live as they do now? Adequate life insurance can help them preserve their lifestyle.

- **Helping your children continue their education** – Even if you weren't planning to foot the entire bill for your children's college education, you still might be doing what you can, such as contributing to a 529 education savings plan. If your income was lost, could your family still afford to continue these contributions? With enough life insurance, you can improve the chances that your children will at least get some financial help for college or vocational training.

- **Helping your survivors pay off debts** – Are all your debts paid off? If not, you could be leaving your family on the hook for some of them, such as credit cards and car loans – not to mention your mortgage. Also, as uncomfortable as it may be to consider it, funeral and burial costs can easily run into the thousands. The proceeds of your life insurance policy can help pay down debts, handle your final expenses – and relieve your family of costly burdens.

- **Helping your spouse build resources for retirement** – It's almost impossible for most of us to save too much for retirement. Your spouse may already have some retirement accounts, such as a 401(k) and an IRA, but will these be enough to sustain a long retirement? Through life insurance, you can potentially add significant amounts to your spouse's retirement assets.

As we've seen, you can accomplish a lot with life insurance. But how much do you need?

If you want the appropriate amount of coverage, you should consider a variety of factors. *How much do you earn? How much does your spouse earn? How many children do you have? How old are they? How much do you owe on your home?* By answering these and other, similar questions, you can arrive at a coverage level that's suitable for your needs. Also, keep in mind that those needs will change – for example, if your children are grown and you've downsized your living arrangements, you may require less insurance than at earlier times in your life.

Life Insurance Awareness Month is a good time to remind yourself of the importance of insurance and of the need to own the correct amount. So, review your coverage soon – after all, you can't predict the future, but you can still prepare for it. **See my ad on page 5.**

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones is a licensed insurance producer in all states and Washington, D.C., through Edward D. Jones & Co., L.P., and in California, New Mexico and Massachusetts through Edward Jones Insurance Agency of California, L.L.C.; Edward Jones Insurance Agency of New Mexico, L.L.C.; and Edward Jones Insurance Agency of Massachusetts, L.L.C.

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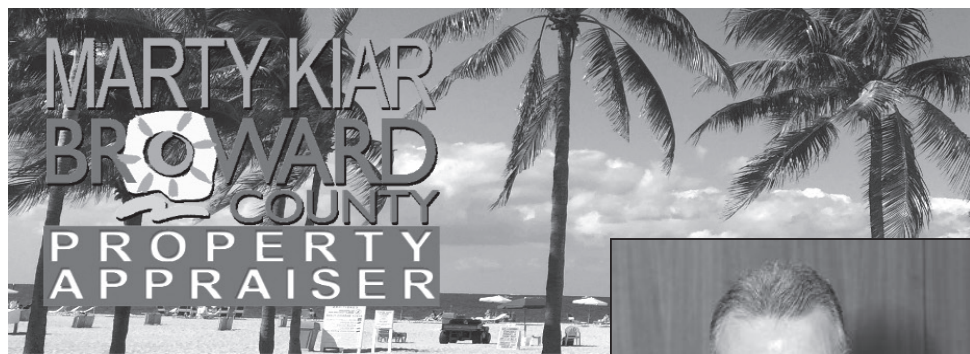
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News From Broward County

Our office receives numerous calls every year asking us to confirm property tax exemptions on the recent tax bills. The Property Appraiser's Office does not set your tax rates or collect property taxes. We assess property for tax purposes and grant tax-saving exemptions to qualified individuals. The property tax bills are mailed by the Broward County Tax Collector's Office each year to more than 455,000 property owners.

All qualified Florida residents are entitled to a Homestead Exemption on their homes, condominiums, co-op apartments, and certain mobile home lots. To qualify for Homestead Exemption, you must own and make the property your permanent residence on January 1st of the year in which you are applying for this valuable exemption. Pursuant to Florida Statute, all assessments and exemptions are based upon the status of the property on January 1st. If you purchased and/or made the property your permanent residence in 2018 and have not applied for Homestead Exemption, you can apply for 2019 exemptions at any time – there is no need to wait until 2019. You can easily apply online at www.bcpa.net or at one of our many outreach events. To see where our Mobile Exemption & Information Team will be, please visit <http://www.bcpa.net/Events.asp>

New Home Purchase in 2018

If you purchased your home in 2018, the tax bill you received from the Broward County Tax Collector was for the 2018 tax year. If the previous owners of your new home were entitled to and received Homestead Exemption or any other exemption on January 1, 2018, you may have inherited their exemptions on your 2018 property tax bill. Florida Statutes require these exemptions be removed for 2019 and the Save Our Homes Value be brought up to the 2019 Just Value. This will often result in an increase in your 2019 property taxes so it is important you apply for 2019 Homestead Exemption and any other exemptions you may qualify for. Your new 2019 Homestead Exemption will be reflected next year on all 2019 property records, notices and tax bills. Should you have any questions regarding your new exemption, please contact our Customer Service & Exemption Department at 954.357.6830.

If my office can ever be of assistance to you, please do not hesitate to contact me at 954.357.6904 or by email at martykiar@bcpa.net.

HISTORY CORNER

By Phil Edwards



Molly Kool: Before It Was Cool

Molly Kool was born Myrtle Kool in 1916 in the small village of Alma, New Brunswick, Canada. This quint fishing village hosted a population of over 300 people in 1919, and today, just over 200 residents call it home. Molly's parents were loving and kind, but she detested the name Myrtle and changed it to Molly. She was a bright, determined female who loved the unhindered expanse of the ocean and the salty smell of the open sea.

Her father was a Sea Captain, whose ship carried cargo through the Fundy Bay, Maritime waters, and occasionally to Boston. The Bay of Fundy has the highest tides in the world, which can reach up to forty feet. As a youngster, whenever Molly was free of school, she accompanied her father on his sailing voyages. She did not play the prissy female role, but did every job there was to do on the ship. Under her father's tutelage, she learned about the ocean and how to sail a scow sloop.

Molly's love for sea continued to blossom and she informed her father she wanted to officially earn her mate's papers and serve as a mate on a ship. At first, she was turned down because no woman had ever attended Merchant Marine School. She was given an opportunity to attend, after she demonstrated her knowledge and skill as a sailor. After obtaining her Mate's Certificate, she asked to attend the Merchant Marine Institute in Yarmouth, Nova Scotia to acquire her Captain's papers.


In 1939, Molly earned her Coastal Master's Certificate, which allowed her to Captain a ship. Since she was the first woman in North America to earn a Captain's Certificate, the wording of the Canadian Shipping Act had to be changed to read "he/she" as Captain. Molly was the second woman in the world to earn such a title, the first being a woman in Russian.

Molly's father turned his ship over to her and she captained it for five years. She proved her grit when a Norwegian Captain demanded she move her docked ship so he could have the prime spot for his much larger ship. Molly refused and the Norwegian Captain tried to jam her boat. When she did not back down, the Norwegian captain became enraged and rammed her bow, which cut her docking lines and sent her ship adrift. When all was said and done, Molly and her father sued and won a case against the Norwegian vessel.

Molly's seafaring days came to an end when there was a gasoline explosion on her ship, which destroyed most of the ship and all her personal items. While waiting for her ship to be repaired, she met and married a man from Maine. She became a Salesperson, selling Singer Sewing Machines in Maine. Molly retired when she lost both her legs to a vascular disease. Molly Kool died in 2009 at the age of ninety, in a hospital in Bangor, Maine. In the Village of Alma, they erected a monument for Molly and all her accomplishments. Songs, poems, plays, and stories are told today about Molly by children and adults honoring her memory and ground (water) breaking achievements.

Comments can be made at chooserightly.com under "Article of the Month."





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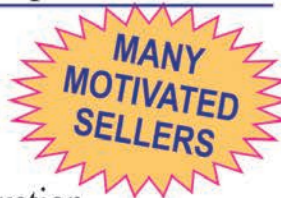
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Getting Help In An Emergency

By Bryan Stapp

Many Wynmoor residents are expressing concern about how to get help in an emergency, now that the Comcast emergency response service has been discontinued.

For as little as \$19.95 a month, Medical Care Alert provides a service that will call for help in an emergency. Wynmoor residents will

talk to a trained EMT/EMD certified operator who can call Police, Fire, EMS or a neighbor in the event of an emergency.

Unlike other providers of personal emergency response systems, subscribers can press the button for any reason if they need help: fire, medical, intruder, and so on.

The company also offers plans that include mobile cellular emergency response devices that go anywhere (shopping or traveling), and advanced features like automatic fall detection. They even include a free lockbox to hide a key, so that EMS won't have to break down the door to enter the unit.

In an emergency, the agents will summon help and send text messages and call people on an emergency contact list. They send texts because nobody answers their phone anymore!

If you're at risk of falling (and who isn't?) you owe it to yourself to get this life-saving service. One third of residents over 65 will fall in their own home each year. Getting help quickly within the first hour of a fall or stroke can make the difference.

Medical Care Alert was recently recognized as one of the top medical alert monitoring companies in the USA, and awarded "2019 Best Medical Alert Monitoring" award.

Many Wynmoor residents have already signed up for the service and are happy with it. The company is also offering special discounts for Wynmoor residents – call 954-289-1460 and ask for the Wynmoor special pricing – you'll be glad you did! **See our ad on page 18**



Fun With Friends Party

By Shelley Mark

Fun with Friends, Halloween Dance, was held in the Ballroom in October. "It Takes Two" wowed us with their fabulous costumes, decorations and, of course, great music! Many members came dressed in their finest Halloween costumes and had a great time dancing the night away. A fun time was had by all!



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YOUR COUNTY COMMISSIONER

By Mark Bogen, Broward County Commissioner

What Happened Election Evening?

On Tuesday, November 6, 2018, local, state and national elections were held throughout the United States. The results appeared to be finalized late into the evening. On November 7, 2018, the local and national news reported that Broward County (along with a few other counties) was still counting ballots. How is it possible that Broward County was counting ballots when the results were reported the night before?

What the Broward Supervisor of Elections failed to do is let the public know that two truck-load of absentee ballots were delivered to the Supervisor of Elections office on the eve of election night. In other words, approximately 30,000 absentee ballots were received here in Broward County.

For an absentee ballot to be counted, the signature on the envelope must match the signature in the computer file. This task can take several minutes for each ballot. If you have 30,000 or more ballots, this task can take days to accomplish. Since the Supervisor of Elections did not tell the public exactly what was going on, many elected officials, the media and

the public claimed fraud was occurring.

When a race between two candidates is as close as 1/2 of a percentage point, Florida law requires a machine recount. However, as with any recount, the law also requires that the results be transmitted by a certain day and time. The Supervisor of Elections transmitted the recount numbers two minutes late and therefore, the State of Florida did not allow the recount numbers from Broward County to be counted.

However, the problems continued to plague the Supervisor of Elections office.

During one of the recounts, there was a disparity of 2000 ballots. In other words, it was determined that 2000 ballots from Broward County voters were misplaced somewhere in the Supervisor of Elections office.

Now that everything has been finalized and the election results have been finalized, Dr. Brenda Snipes, the Supervisor of Elections, has submitted her letter of resignation to be effective on January 5, 2019.

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INSPIRATION STATION

By Diana Stone, M.A., Wellness Consultant and Inspirational Writer and Speaker

Horton Hears A Who

Dear Reader,

This weekend I had the privilege of watching the classical *Seussical the Musical* with my daughter. It was especially meaningful because her school's drama teacher directed the show and a couple of her dear friends were in the show. We have always loved going to the theater together and now as she is getting older (11 and a half), she really FEELS the story line. It's a completely entertaining experience just to marvel at the magical set, extravagant costumes and engaging musical numbers. But if you really listen to the story line, of Horton, the big affectionate elephant, who hears a WHO, a tiny whimsical person who resides on a microscopic planet covered in dust that Horton decides to protect. You can feel the painful worry that Horton feels as he tries to protect the little people that only he hears. Horton goes through many trials and tribulations trying to get others to believe him and to help him save the WHO's. In one scene as the WHO's are threatened to be boiled in oil, my daughter was visibly concerned for them and touched that Horton was so devoted to their well-being.

The show got me thinking that we all hear a WHO. WHO do you hear? WHO do you feel compelled to help? Once I became a mom, my children are WHO I feel an irresistible commitment to love, protect and inspire. My husband hears WHO's from a broader perspective in his role as Headmaster of a private school. Most recently, the school community heard the pleas from Panama City who lost everything from Hurricane Michael, and the school responded by delivering a truckload of food, water and essentials. The WHO's of Panama City were so touched they recorded a thank you video to be shared with the givers expressing that they had run out of provisions and

without their delivery, they would have had to turn away hungry children and their parents. Thank goodness we all hear a WHO.

In my circle of friends, we all hear different WHO's. Some hear the WHO's of the hungry, the homeless, the children, the oppressed, the lonely or the animals. Some respond with direct interventions while others join organizations or engage in political activism. HOW you respond to the WHO's who you hear is less important than the fact that you are responding. We are a collective energy field and we are all connected! We need one another to be **WHOLE!**

Maybe we hear a WHO and get inspired to help or maybe we hear a WHO because we are chosen by our higher power to hear with the elevated frequency of compassion so we may have the *privilege* of serving others. Take time to quiet yourself daily through meditation, prayer or simply noticing the miracles around you. Then LISTEN. WHO is calling you?

One of my favorite quotes is by poet Annie Johnson Flint who said, "God has no hands but our hands and no tongue but our tongue." Let us listen dear readers with open ears, open arms and most importantly, open hearts. You are here for a divine purpose. Your peace and fulfillment are by-products of how closely you are living in alignment with your sacred calling. WHO do you hear? How can you respond with LOVE?

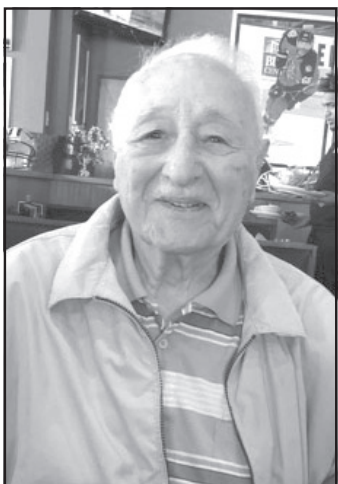
As 2018 draws to a close, I offer my sincere gratitude for your readership. It is YOU WHO I hear. I write for YOU! With love, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker. You can contact Diana at dianalynnstone@me.com or visit her website: www.dianalynnstone.com

JACK'S PHILOSOPHY OF LIFE

By Jack Boss

Healthy Insight: Happy Thoughts Make A Healthier Body



We know being happy makes us feel better emotionally. Happiness may make us physically healthier too. Change your thinking and you may see improvements in both emotional and physical health. Research shows many health benefits from being positive, including:

- Longer life
- Lower levels of stress
- Better coping skills during difficult times
- Lower rates of depression
- Better overall physical and mental health
- Lower risk of death from cardiovascular disease

Being positive also helps your brain function better. Being more positive seems to help with memory, speaking, decision making, problem solving, and creativity.

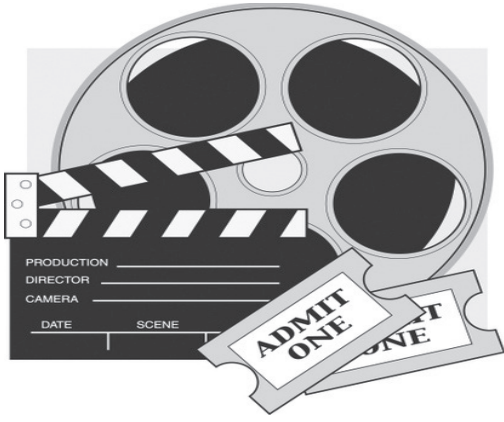
by Jessica Payne, MA, Ph.D.

If you look at people today around the world who have no disease and no illness, there are virtually no common denominators. You can't look to a person's diet because they vary so greatly. Some of these people smoke, some of them eat monkeys raw, some of them eat dairy products, some of them are vegetarians, some of them do not exercise, others simply walk. They generally all do sleep very well, but the most obvious common denominator is how they think and how they talk. They are very positive, optimistic individuals, they don't take life very seriously, and they don't worry too much. They are optimistic and they are lighthearted. They greet each day in a spirit of thankful-

ness. Attitude really makes the difference. Thoughts do affect the body, and thoughts can dramatically affect your health.

From a biological standpoint, what does this really mean? Think of it this way. The body has what is known as the immune system. The immune system fights off any imbalance or disease, virus, germs and bacteria. If your body's immune system is strong and you happen to catch any bacteria or virus, your body fights it off and you never even notice that you were exposed or had that particular virus or bacteria or germ. When your immune system is very weak, you are susceptible to showing the symptoms of succumbing to that particular virus or bacteria.

People that are the healthiest are people with very low stress levels. The common denominator of the healthiest people on the planet is how they think and what they say. The mind can cause the immune system to be incredibly strong and actually change the genetic DNA structure in your body, preventing disease. What you think and what you say, in other words "stress," can absolutely cause your immune system to be weakened and cause genetic weaknesses in the body to become active causing you to develop illness and disease. Stress, negative thoughts, negative words coming out of your mouth, all are very powerful in turning your body pH either acidic or alkaline. Remember, if your body's pH is acidic you have an environment where illness and sickness can thrive. If your body pH is alkaline you virtually can never get sick. By reducing stress, speaking powerful positive words, and thinking powerful positive thoughts you absolutely can turn your body pH to the state of alkaline and reverse – yes, that's right, absolutely cure virtually every disease in the body all with the power of your mind.



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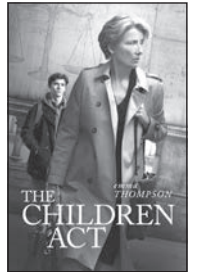
THE OLD MAN AND THE GUN
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What Message Is (Social) Media Sending You?

By Mehmet Oz, M.D. and Michael Roizen, M.D.

When Marshall McLuhan, the 1960s guru of communication, declared, "The medium is the message," he was talking about radio, TV, LP records, tape players and film. He probably never imagined Snapchat, Twitter, Facebook, Instagram, Tumblr, the internet and digital everything -- cameras, video, podcasts, TED talks, viral GIFS, etc.

But he remains exactly right about one thing: Whatever the message, the platform upon which it is delivered shapes the meaning and impact of the message it contains.

Imagine for a minute, folks who could communicate only via telegraph understood the meaning of the words put through in dots and dashes differently from someone hearing the same words spoken over a great distance via a newly invented telephone.

Now, fast-forward to today. In lieu of full sentences, we get abbreviated texts, full of "LOL" and emojis. (Backward evolution?) Once again, communication is altered by the way messages are being formed.

You with us? All this is an intro to a question: Do social media's enormous benefits and pleasures compensate for -- or pale in comparison to -- the harm it does to individuals and relationships?

The benefits of social media are well-studied and real. They range from encouraging artistic expression among folks who might not have thought to give it a try, to the instant fact-checking of politicians and encouragement of democracy (the Arab Spring). In addition, social media allows easy access to the world's best authorities on everything from medicine to rock climbing, the opportunity for friends and families to stay in touch more easily, for older folks or those who are more socially isolated to reconnect with friends or join support groups, and for people from around to globe to feel part of a community in which similarities are more important than differences.

And those are just some of the wonders of the digital age that are being enjoyed by around 3 BILLION folks worldwide -- about 40 percent of the total population.

But research keeps pointing out how harmful getting immersed in social media can become. The American Academy of Pediatrics warns parents to be aware of the potential damage social media can do to their child's mental health because of cyberbullying and what they call "Facebook depression."



Additional research shows that girls age 10 who are active on social media are far more unhappy when they are adolescents than those who were not on social media at so early an age. While yet another study found that 11-to-17-year-olds find the pressure to be online 24/7 destroys their sleep and can cause anxiety and depression. There's even research published in JAMA that indicates that for people who have no symptoms of ADHD, heavy use of social media may trigger the condition!

When you ask teens about the impact of social media on their lives, 24 percent say it's mostly negative, 45 percent say it makes no difference, while only 31 percent say it's positive. And mature adults don't escape potential harm -- especially if they're already having mental health

issues, are worried about their work or social status or become addicted to building networks.

The solution? Stay connected, but not obsessed. One study found that complete screen abstinence did not correlate with happiness either. The teens who were the happiest reported using digital devices a bit under an hour a day. So...

-- Limit your (or your child's) time with social media (not including email) to 30-60 minutes daily.

-- Delete any site or app on which you experience bullying, criticisms or other negative interactions.

-- Make your account private so that you limit who can post comments, and who you consider a friend. Stick with those folks who are, in fact, friends or members of a community of like-minded participants (PatientsLikeMe.com, for example).

-- No digital devices in the bedroom.

Social media is a tool, like a hammer that can build a beautifully crafted cabinet or a flimsy piece of junk. How it turns out is in your hands. Click wisely.

* * *

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

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WYNMOOR Golf and Tips

Submitted By Kevin Battersby, PGA

The 20 Most Important Changes To The Rules Of Golf 2019

The R&A USGA has made significant changes to the rules for 2019 and are summarized below.

1. SEARCH TIME - REDUCED FROM 5 MINUTES TO 3 MINUTES
2. BALL MOVED DURING SEARCH - REPLACE NO PENALTY
3. EMBEDDED BALL - FREE RELIEF ANYWHERE THROUGH THE COURSE
4. MEASURING A DROP - USE LONGEST CLUB (EXCEPT PUTTER)
5. DROPPING - DROP FROM KNEE HEIGHT RATHER THAN SHOULDER
6. TAKING STANCE ON WRONG GREEN IS NOT PERMITTED
7. BALL UNINTENTIONALLY HITS PLAYER OR EQUIPMENT - NO PENALTY
8. DOUBLE HIT - NO PENALTY. NOW ONLY COUNTS AS THE 1 STROKE
9. TOUCHING SAND IN BUNKER INCIDENTALLY IS PERMITTED
10. LOOSE IMPEDIMENTS CAN BE REMOVED ANYWHERE INCLUDING HAZARDS
11. DROPPING A BALL OUT OF BUNKER - 2 PENALTY STROKES
12. WATER HAZARDS - NOW CALLED "PENALTY AREAS"
13. TOUCHING GROUND IN PENALTY AREA - NO PENALTY
14. BALL MOVES ON GREEN AFTER BEING MARKED - REPLACE WITHOUT PENALTY
15. BALL ACCIDENTALLY MOVED ON PUTTING GREEN - REPLACE NO PENALTY
16. ALL DAMAGE TO GREEN CAN NO BE REPAIRED
17. POSITIONING A CLUB FOR ALIGNMENT IS NOT PERMITTED
18. CADDIE ASSISTING WITH ALIGNMENT IS NOW NOT PERMITTED
19. PUTTING WITH FLAG STICK IN HOLE IS NOW PERMITTED
20. BALL WEDGED AGAINST FLAG STICK AND SIDE OF HOLE IS DEEMED AS HOLED



Flamingo Gardens
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Spend the day in this 60-acre, botanical garden and wildlife sanctuary featuring thousands of rare, exotic and native plants, some of Florida's largest and oldest trees, and over 90 species of Florida native animals. Lunch included Choice of Sandwiches (Ham, Turkey or Roast Beef) or Garden Salad. Meal includes chips and drink. Choice of food must be determined at the time of registration. The bus will depart Tract 1000 at 9:30 a.m. Registration begins Thursday, November 1, 2018.

Sign up in Monday - Friday at Recreation from 8:00 a.m.-4:45 p.m. or in the Business Office from 8:00 a.m.-12:45 p.m. & 2:00 p.m. - 5:00 p.m. For more information call 954-978-2600, press 1.

The Lounge



February 6th
Barry Manilow



January 2nd
Celine Dion

March 6th
Jersey Boys

Registration for Barry Manilow & The Jersey Boys Lounge begins Wednesday, December 20th

Price: \$12
 Doors open at 8:15 p.m.
 Show begins at 9:00 p.m.

Register ONLY at the Recreation Office by the Main Pool.

Register for Celine Dion NOW!
 Tickets are almost gone. Get them while you can!

Enjoy Complimentary glass of wine or iced tea on Cove Patio at 7:30pm. THESE ENTERTAINERS ARE IMPERSONATORS. For groups who wish to sit together, be prepared to purchase all tickets at the same time! **No shorts permitted.** Thank you in advance for your cooperation. We are not responsible for lost or misplaced tickets. For more information call 954-978-2600, press 1.

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25

Traffic Violations

The speed limit on Wynmoor Circle is **25mph**. The speed limit in the villages is **15mph**. There is absolutely **NO PASSING** on Wynmoor Circle and all **STOP SIGNS MUST BE** observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**

SPEED LIMIT

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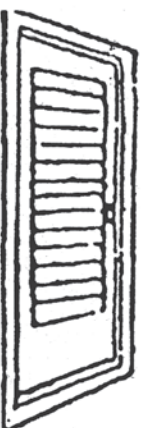
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What To Do Legally When Your Partner Dies

By Martin Zevin, Attorney



Losing your spouse, partner or significant other is a very traumatic event. It is most important for your physical and emotional health to give yourself time for the grieving process. Once you feel mentally and emotionally able to do so, you should schedule an appointment with an attorney to review all legal documents. You should bring your Will and/or Revocable Living Trust, Deed to your home and any other real estate, certified copy of the death certificate and, if married, date of your marriage. If you have advanced care directives such as a Living Will, Durable Power of Attorney and Designation of Health Care Surrogate, you should bring those as well.

If everything you owned was in both names, it is not necessary to probate the Will. However, regarding your home, and any other real estate, it is important to "Clear the Title." The lawyer will prepare and have you sign a "Continuous Marriage Affidavit," which is why you need the date of your marriage. The Affidavit will state that you were married on a certain date and remained continuously married without divorce until the date of death. It will provide the legal description of your home and other real estate and indicate your intention to clear title. This document will be recorded, along with an Affidavit of No Florida Estate Tax Due and the Death Certificate without the cause of death. Recording these documents will clear title and allow you the option to do a new Deed to avoid probate when you die.

If you do not have a Revocable Living Trust, this appointment will be a good opportunity to discuss the creation of a Trust and prepara-

tion of a Deed in order to avoid probate on your home and other real estate. You can also discuss the option of a Life Estate Deed to avoid probate.

If you do have a Trust, this may be an appropriate time to consider doing an Amendment to the Trust based on new circumstances. Your home and other real estate (in Florida and out-of-state) should be owned by you as Trustee of the Trust. You may wish to name one of your children as Co-Trustee to make it easier to manage the assets in your Trust if you become incapacitated. You may also wish to make changes in your Living Will, Durable Power of Attorney and Designation of Health Care Surrogate or create those

documents if you do not have them. In most cases, there is no urgency to contact an attorney. It is much better to have peace of mind and clarity. Some lawyers, including myself, will offer a free consultation. This consultation should include your options and give you the opportunity to sleep on it before finalizing any new legal documents. I offer a free consultation for all matters regarding Durable Power of Attorney, Designation of Health Care Surrogate, Living Will, Wills, Trusts, Life Estate Deeds, Probate and Estates. I am also available for a free consultation regarding any issue pertaining to personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442.

My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com. See my ad on page 19.

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Dear Dr. Joy...

By Joy Berke Sanchez, PhD



I've written before about my mentor and friend, Dr. Nathaniel Branden, and his specialty in self-esteem. One of the things he told me was that we are all born into full and complete manifestation of self-esteem. Then through internalizing the negative vibrations of our environment it begins to fade. When this happens, we know at a very deep level that this is incorrect and try to regain what we had when we came into this world. Because our self-esteem was diminished through outside forces and we slowly lost our knowledge of creating our

own reality (see previous articles), we attempted to regain our lost self-esteem and worthiness through these same means.....outside ourselves.....through other people and achievements. This has never worked and never will.

Self-esteem and worthiness are synonymous. It is the sense of knowing that one is worthy of happiness and that achieving success whatever form that takes, is actually a physical manifestation of that worthiness. Someone who believes in this worthiness will automatically and inevitably manifest their ability through their absolute belief in their worth. Their focus and passions determine what that ability will show up as but with a never wavering sense of self-esteem and focus it must come to pass.

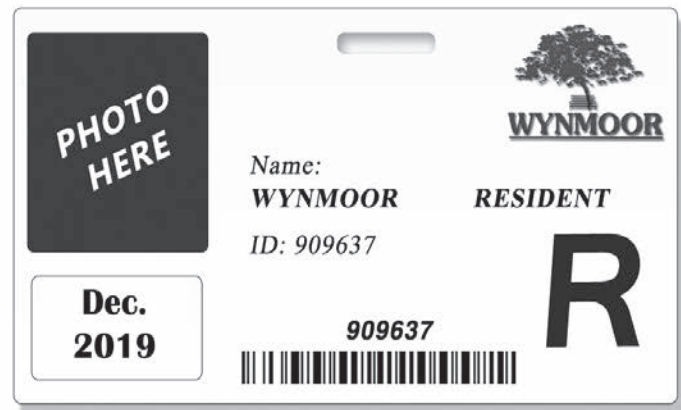
Self-esteem really is destiny because it is the determining factor as to whether a person creates happiness and success in their lives. There are many people who accomplish a great deal in this world without true self-esteem but they are never truly happy and joyous. These are the ones who are substituting achievement for true worthiness hoping the former will produce the latter. Without a sense of worthiness, there is always doubt that one can or should succeed and a sense of hollow success often follows.

I have found the subject of self-esteem and what it really is, one of the most interesting and important topics in psychology and have studied it for many years. It never ceases to fascinate and intrigue me and I am very much indebted to the late Dr. Branden for teaching and guiding me in my earlier years as a psychologist. I wish he were still writing his marvelous books on the subject and every so often I think of writing about it myself, but each time I start, I realize I can never say it better than he did.

Teacher's Showcase

Monday, December 10th
Grand Ballroom
5 PM - 7 PM

Don't Forget To Update Your Wynmoor ID



To update your ID, stop into the Resident Registration Office in the Administration Building.

Monday - Friday

8:00 AM - 11:45 AM

or

1:00 PM - 4:30 PM

An updated ID allows residents to enjoy Wynmoor amenities, such as The Fitness Center, Theatre, Recreation Trips and more.



Important Update about landlines



The security/alarm system located in your unit was permanently de-activated at the end of October. As such, your association's Board of Directors has voted to eliminate the requirement of landline phones in your unit.

You must understand, however, that your landline phone number was/is also your user name for the gate access system. You now have a choice to maintain your landline phone as your gate access user name, or provide a cell phone number for your gate access user name. There can only be one phone number for your gate access code. If you haven't done so already, unit owners are asked to complete the forms that were part of your annual meeting packet declaring which phone number you will utilize as your gate access user name. The forms are available in the Association Affairs office, Room 215 in the Administration Building. Your PIN will remain the same.

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Something **AMAZING** is happening in Wynmoor! People are living into their hundreds. Is it their genes, or are they enjoying life here too much? Whatever the reason, we want to applaud you for being one of "Wynmoors **AMAZING ONE**ders!"

Do you live in Wynmoor? Are you an **AMAZING ONE**der? Send your photo, along with your name and birth date to: wynmoorads@aol.com as a jpeg attachment, or place it in an envelope in the INSIDER newspaper box. The box is located in the Clubhouse by the Library. We will share your photo with friends and neighbors. Congratulations to all of "Wynmoor's **AMAZING ONE**ders!"




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January Class to Study the Best of the Best TV

By Beverly Friend, PHD

The first day of school, the first chapter of a book, the first episode in a TV series -- all must offer excitement, anticipation, novelty, conflict, suspense and intriguing, colorful characters. It is especially demanding to create a TV pilot that will entice networks into a major investment, usually committing them to a costly project that will air for at least 13 weeks, and perhaps more.

For four Monday mornings in January, we will see and discuss the best of the best -- *Amazing TV Pilots* -- where successful first episodes set the scene for the following award-winning series:

Jan. 7 - The Sopranos, a drama centering on a Mafia mobster trying to balance home life and his criminal organization, ran for six seasons. The series won Peabody, Prime Time Emmys and Golden Globes Awards, and has been called "the best TV series of all time!"

Jan. 14 - Desperate Housewives, a spritely comedy, drama, and mystery centers on the wives of fictional Wysteria Lane. This series, which ran for eight seasons, won Peabody, Emmys and Golden Globes, and was voted among the 10 most watched TV series worldwide. It was also the longest running hour-long television series featuring all female leads. Right from the pilot, a highly original character is narrator.

Jan. 21 - House of Cards is a diabolical political thriller. In addition to winning Prime Time Emmys and Golden Globe awards, it was the first original online only Web TV series to receive major Emmy nominations. This depiction of ruthless pragmatism, manipulation, and power ran for seven seasons and is making a major dramatic shift for season eight now that dynamic star Kevin Spacey has been fired from the lead role.

Jan. 28 - The Marvelous Mrs. Maisel, a period comedy drama, is the most recent on this list, opening in 2017 and only in its second season but already the winner of Golden Globe and Primetime Emmy Awards, including Outstanding Comedy Series and Outstanding Lead Actress in a Comedy Series. It was renewed for a third season before the second season had even begun.

The first class discussion question will be, "If it were your money, would you have invested in this show based on the pilot?"

The January class will meet in the Lecture Hall Mondays from 10:30 AM - 12:00 Noon. The fee is \$35 for the series. Register in the Recreation Center near the main pool.

Be sure to attend the SHOWCASE, Dec. 10th from 5:00 PM to 7:00 PM to learn about ALL of Wynmoor's upcoming classes!



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The Thrill Of Being Honored As A Veteran

By Irving Kaplan

The most memorable day of my life began at 2:30 AM when I joined fellow Korean War Veteran Seymour Fleischman for the long car ride to Midway airport in Chicago. There, we would be joining 88 other veterans boarding a 4:00 AM Honor Flight to Washington DC. Eighty-two of us were from the Korean War and eight were World War II veterans. The average age was 87.

I had gotten a letter six months earlier asking if I would like to make this August trip on their 87th flight. Would I? You bet! I accepted and was surprised and excited to discover that my friend Seymour would be on the same plane. The first to arrive at Midway, we were immediately given wheelchairs. Nearly everyone had a wheelchair, as it would have been impossible to walk the distances required. Sixty-nine volunteers who joined us in Washington and 32 family guardians who paid their own way provided a one-to-one ratio of guardians to veterans. In addition, nine medical guardians (who also paid their own way) protected the veterans. Each guardian treated his veteran as if he were precious -- and each of us felt special and nurtured. They gave us bright, new dog tags with our names and the current date and grey T-shirts imprinted with red, white and blue Honor Flight Chicago logos.

We all had our pictures taken -- the first of hundreds of pictures snapped during the day. We were also entertained with the music of our youth, Benny Goodman and even the Andrews Sisters. Following this and a snack of coffee, donuts and sandwiches, we boarded our plane. I was the first one on!

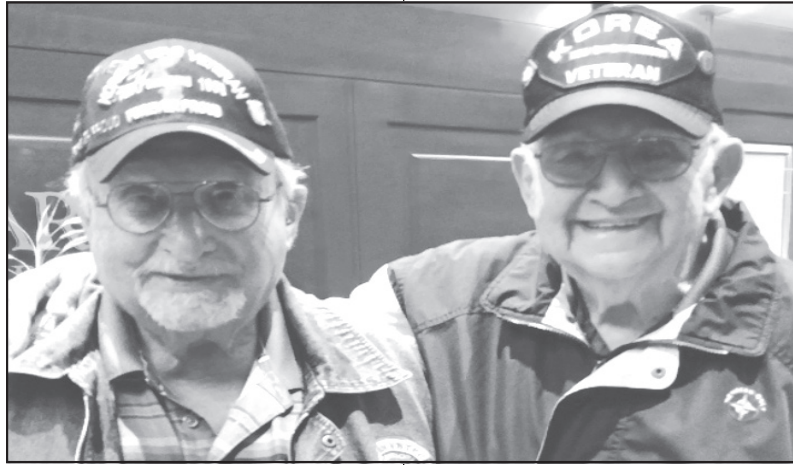
After a smooth flight, we disembarked at Dulles. For a second time, the fire department saluted our plane with vast shower from their hoses. Now, I met my guardian, Andre Amelounx, who turned out to be from Palatine. This was his 76th trip. People of all ages greeted us. The airport was filled with perhaps as many as 1,000. They cheered, waved flags, shook our hands and thanked us. Children lined up to high five. We were all teary-eyed and blown away emotionally.

Seymour and his guardian (his son-in-law Mark Vilchis) and I were separated as we were divided into four busses. Motorcycles and police cars provided escorts and traffic stopped.

After initially passing many famous landmarks-- including Arlington Cemetery and the White House, our first stop was at the War Memorials. Actually, because of Andres efficiency -- we ran off the bus so quickly that I questioned why such a hurry. He said we had to get to the bathrooms first to avoid later long lines. He was really an experienced guide and the rest room was our very first, stop, and while necessary, not the most important.

Highlights of the Memorials included:

- The statue of President Franklin Delano Roosevelt and his little Scottish Terrier Fala.
- The breathtaking faces of our fallen comrades embedded in the Korean Memorial granite wall.
- Statues of soldier marching through the Korean rice fields.
- Watching families making rubbings of the names of family members.
- The majestic Marine Corps Raising the Flag at the Iwo Jima Statue.



- The brilliant display of uniformed soldiers skillful twirling and tossing rifles on the Parade grounds.
- Meeting Colin Powell and shaking his hand and listening to his speech
- A stop at the Smithsonian National Air and Space Museum
- All the faces -- those of the veterans and those of the people who came to see and celebrate with us.

Mere words fail to express all the emotions evoked.

After the program at the Parade Grounds, we had opportunity to mingle with the soldiers. In addition, many people stopped to talk to us. We posed for pictures with a pair of girls from Germany, and later another pair from Japan. Two other personal experiences captured on film were holding the folded flag in the large group picture of us, and handling a rifle with the soldiers.

For refreshments, Andre took us for Dove Ice Cream Bars and wouldn't let us spend a dime. Actually, they fed us all day long -- on and off the airplane.

At the hour and a half visit to the Smithsonian, we had a historic overview of aircraft -- from all the war and all branches of the service -- our planes and those of our enemies. The huge space shuttle was most impressive.

It all passed too quickly, like a dream, and before we knew it, we were boarding the busses, and then the planes for the turn trip -- which was as wonderful and exciting as the whole day had been. The airport was filled with wonders -- including guys in zoot-suits jitterbugging with their partners. We feasted on great sandwiches and snacks before boarding.

Once airborne, our female pilot came into the cabin and kissed one of the vets. It was her father! Both were thrilled to be sharing this experience, and she told us she owed everything to her Dad-- even the fact of becoming a pilot. Touching moment followed touching moment all day.

Suddenly, a voice announced this question, "What words did GI's most want to hear when they were in service? The answer was, "Mail Call!" At this point, they called out all our names and each one of us received a large envelope. These were stuffed with letters of thanks from many people: Mayor Rahm Emanuel, Alderman Edward Burke, senators, ambassadors, military officers, the flight crew and -- best of all -- children! The latter were the most delightful, with salutations to "Dear Hero." One contained colored printed letters stating: "Dear soldier, we love you doing our part, so we made you this art." Another stated, "You let us have justice liberty and freedom. Thank you for your sacrifice." I read them all with tears in my eyes.

Upon landing at Midway, we were met by bagpipes and drummers and paraded through lines of waiting, welcoming family and friends often dressed in red white and blue. I had been the first person on the outgoing trip. Coming home, I was the last one off the plane - savoring every moment.

Honor Flight Network is a nationwide non-profit organization created solely to honor America's veterans for all their sacrifices. Over 20,000 veterans flew in 2016. For more information, see <https://www.honorflight.org/>



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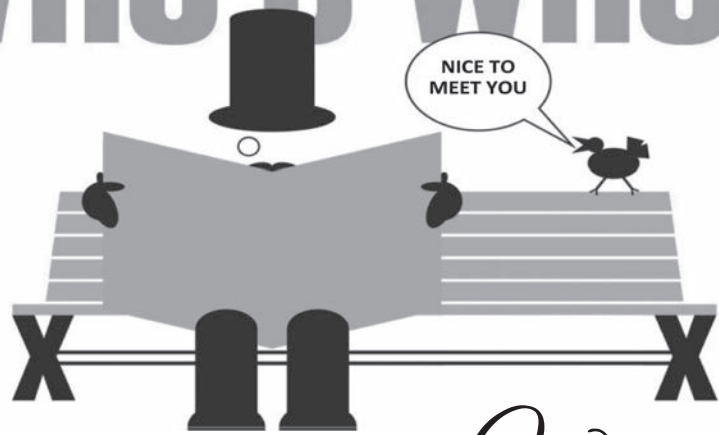
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WHO'S WHO?



By Amy Wallace

in Wynmoor

Wynmoor is very diverse and everyone has a story. Do you? I am an editor for the INSIDER and I have the ability to share your story. Did you have a significant career when you were younger? Did you experience once-in-a-lifetime travels around the world? Have you overcome an extraordinary challenge in your life that you can talk about? Do you have a special talent? If so, I want to hear from you! Let me show you off! Please email your story to wynmoorads@aol.com or, put your *neatly* hand-written story in an envelope labelled "Amy" in the INSIDER box in the Clubhouse. Be sure to provide all contact numbers. Also, please include a picture of yourself, so after reading your story, others can recognize you and say hello! Thank you so much! I can't wait to hear from you!

Do You Know Lillian Miller?

I recently had the privilege of talking to Lillian Miller, Wynmoor resident for 17 years. She is 91 years young and very active in all that Wynmoor has to offer. In her spare time, she enjoys making flower arrangements and sharing her creative gestures with friends and neighbors to provide hope, faith, and love in this world that we live in.

After Pearl Harbor was bombed by the Japanese in 1941, Lil was only 16 years old. As she watched all the boys, young men and even her sweetheart be drafted at the ages of 17, Lil knew she was too young to enlist so she decided to prepare herself for one year. She started working part-time after school at the local "5 and Dime" store and paid for her own flying lessons. In the meantime, Lillian made bullets for ammunition which was in high demand.

Finally, when she turned 17 years old, Lillian got her license to fly "civil air patrol." It was shoreline flying along the coastline, a love which she still has today. When Lillian told her parents her plans to begin flying lessons as a young 16-year-old girl, they were supportive, as they were a poor family



struggling to make end's meat during the war. Amelia Airheart was Lillian's hero and inspired her to fly. She would do anything to be just like her.

In 1952, Lillian, her husband, John and her two daughters, Nancy Lee and Connie came to Florida to visit Lillian's parents and never returned to

their small town of Elmira, New York. Back then, Lil explained to me how different Ft. Lauderdale was. "Ft. Lauderdale was a small two-lane road. No malls or majestic bridges that we have today. Our neighbors of this uncut land were many small alligators and land crabs!" Lil remembers.

Over the course of Lil's life, she owned 3 businesses: one of the first bathing suits shops on the beach, a popular teen girl's clothing store, and a flower shop, deriving from her love of flowers and making arrangements for her family and friends around her.

Lil often looks up at the "Sky Blue Yonder," knowing that she will join her high-school sweetheart in heaven and be able to reminisce about their times flying together.

I hope you enjoy reading Lil's story, *on page 13 in this issue*, as much as I did. The more I spoke with her, the list of all her wonderful accomplishments seemed to keep adding on! At 91 years old, Lil kept repeating to me how blessed she was to have her life and her mind. Congratulations Lillian Miller! May you keep writing, living, smiling and flying!

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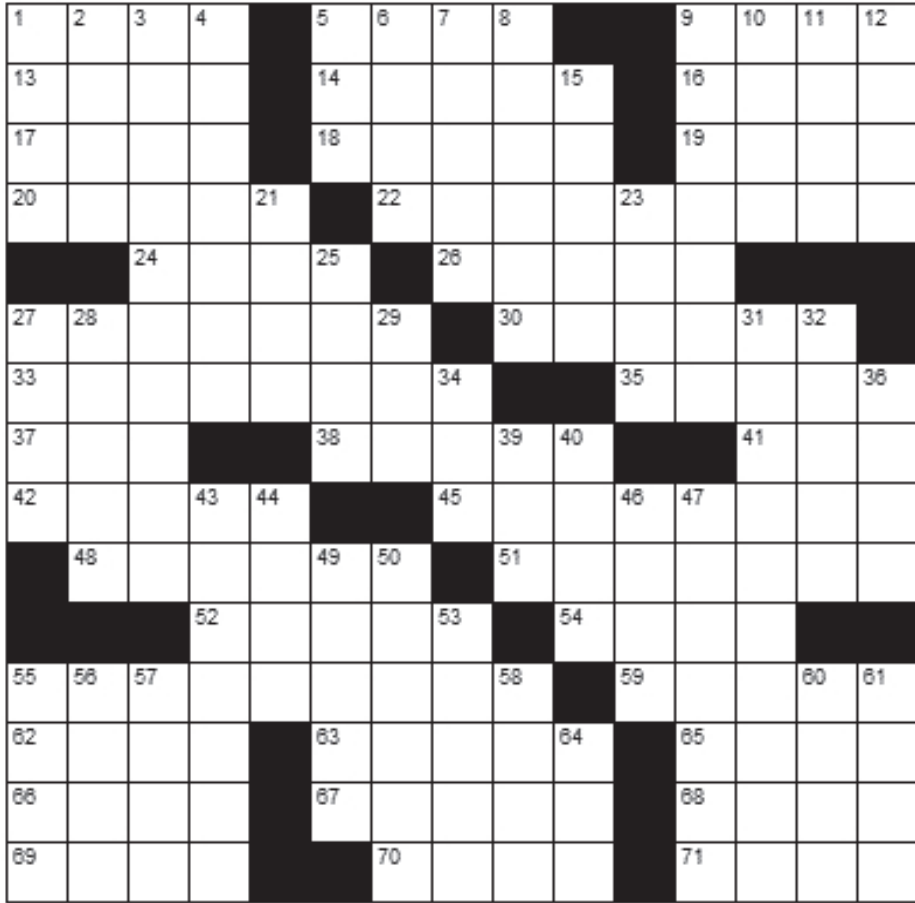
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Puzzles and Games

Solutions on page 62

Crossword Puzzle



ACROSS

- 1. Not "To"
- 5. Circle fragments
- 9. Hood
- 13. Magma
- 14. Respond
- 16. Double-reed woodwind
- 17. Chilled
- 18. Radiolocation
- 19. Kid
- 20. Small slender gulls
- 22. Circumference
- 24. Noxious plant
- 26. Snouted animal
- 27. Musical master
- 30. Faith
- 33. Envoy
- 35. Liquor from fermented milk
- 37. Children's game
- 38. Ganders
- 41. Gripe
- 42. Fire residues
- 45. Clairvoyants
- 48. Mainstay
- 51. Otagia
- 52. Lion sounds
- 54. Indian dress

55. Athlete

- 59. Extraordinary
- 62. Cab
- 63. Anagram of "Islet"
- 65. 1/12th of a foot
- 66. Not closed
- 67. Move stealthily
- 68. Beige
- 69. Twinge
- 70. Catch a glimpse of
- 71. Not the original color

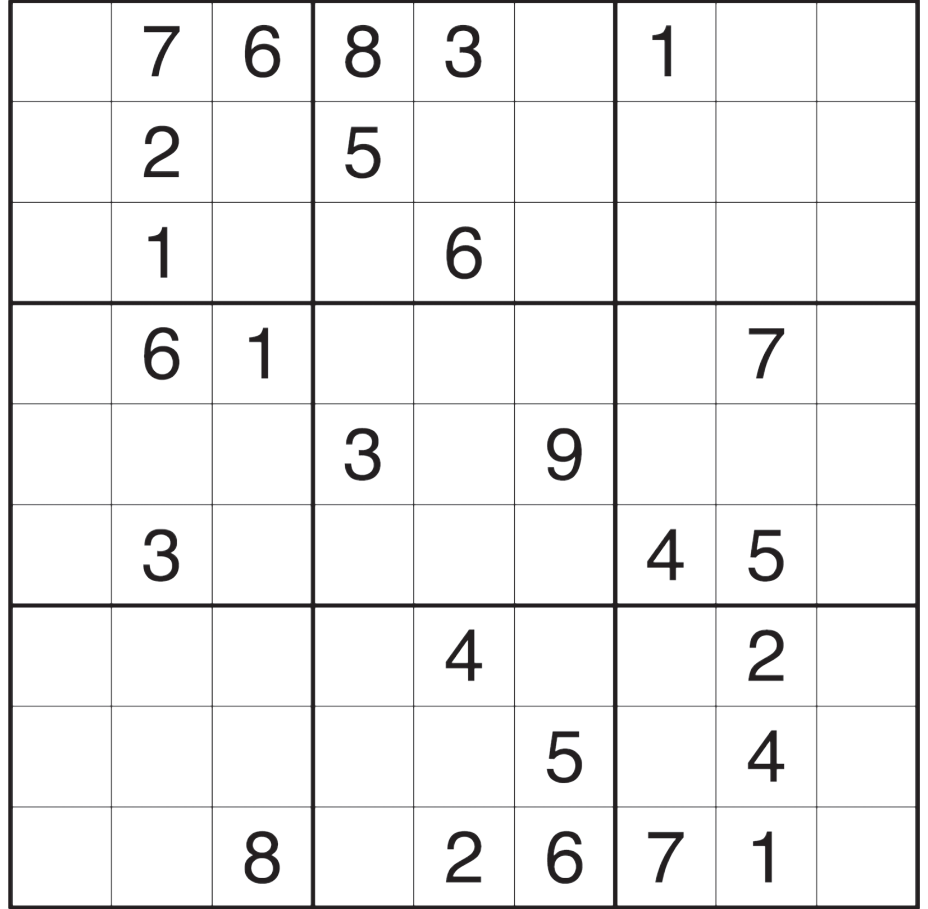
DOWN

- 1. Flutter
- 2. Dash
- 3. Obese
- 4. Insanity
- 5. Arrive (abbrev.)
- 6. Harvest
- 7. Trainee
- 8. Dung beetle
- 9. Clique
- 10. Death notice
- 11. Awakened
- 12. Lascivious look
- 15. Balderdash
- 21. Collections

23. It comes from cows

- 25. Haul
- 27. Anagram of "Meat"
- 28. Stock
- 29. Mineral rock
- 31. Competence
- 32. Pilfer
- 34. Yes (slang)
- 36. Ploy
- 39. South southeast
- 40. Nestling hawk
- 43. Anagram of "Angrier"
- 44. Smudge
- 46. Outcropping
- 47. Beset
- 49. Persists
- 50. Shorttail weasel
- 53. Periods of discounted prices
- 55. Cease
- 56. Dad
- 57. Beasts of burden
- 58. Half-moon tide
- 60. Unit of land
- 61. Boom
- 64. Wild blue yonder

Sudoku



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Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Delicious Desserts

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



- | | | | |
|----------------|----------------|-------------------|----------------|
| AMBROSIA | CINNAMON ROLLS | LEMON BARS | RAISIN PUDDING |
| APPLE CRISP | CREME BRULEE | MACAROONS | RUM BALLS |
| APPLE PIE | CREPES | MERINGUES | SORBET |
| BAKED ALASKA | ECLAIRS | MONKEY BREAD | STRAWBERRY |
| BAKLAVA | EMPANADAS | MOUSSE | SHORT CAKE |
| BANANA SPLIT | FLAN | NUT BRITTLE | STRUDEL |
| BREAD PUDDING | FRUIT CRUMBLE | PARFAIT | SUNDAE |
| BROWNIES | FUDGE | PASTRIES | TIRAMISU |
| BUTTER TARTS | GELATO | PAVLOVA | TORTES |
| CARROT CAKE | GINGERBREAD | PEACH COBBLER | TRIFLE |
| CHEESE CAKE | ICE CREAM | PINEAPPLE DELIGHT | |
| CHOCOLATE CAKE | JELLY ROLLS | PLUM SQUARES | |

a WORD or Two

Word: boustrophedon

Definition: the writing of alternate lines in opposite directions (as from left to right and from right to left)

Example: The archaeologist noticed that the text on the tablet was written in *boustrophedon*.

Word: palmary

Definition: outstanding, best

Example: A daughter of missionaries, Pearl S. Buck wrote many works about Chinese life and culture, with her *palmary* novel, *The Good Earth*, winning the Pulitzer Prize in 1932.

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Dinner Theatre

By Lynne List

GET YOUR TICKETS NOW!!!

If you didn't get your tickets during the Supper Club's advanced email sales, it's not too late. Beginning Monday December 3rd, we will be selling tickets in the Country Club Library every Monday and Wednesday afternoon from 2:00 PM to 4:00 PM.

Neil Simon's wonderful, hilarious play, *Last of the Red Hot Lovers*, is the show you will see on Sunday, March 10th in an afternoon or evening performance produced by the professional troupe, The Curtain Call Playhouse. This play, about a middle age man wanting to have an affair and trying to clumsily seduce three different women, will keep you rolling in the aisles. It is not to be missed. The tickets are only \$25 each, tax and gratuity included, and a light lunch or dinner of spaghetti with all beef meatballs, roll, salad, ice cream with chocolate syrup and coffee or iced tea will be served by Old Florida Catering. The show will sell out quickly so don't wait to get



your tickets.

There are a few single and double seats available for the Musical, "The Goodbye Girl," which will be produced on Wednesday January 23rd and Friday January 25th. Both performances were almost completely sold out by the end of October. The very few remaining seats will go fast so, if you want one, get to the Library as quickly as you can. These tickets are only \$35 per person, tax and gratuity included, and a served plated dinner of salad, chicken Marsala or salmon in dill sauce, rice pilaf, baby carrots, rolls, éclairs and coffee and soda will be provided.

The Supper Club is a not-for-profit Wynmoor Club. All shows are held in the West Wing (no need to drive anywhere). Only once a year can you see, in Wynmoor, a full Broadway show, performed by professionals and dine on a catered meal at the same time.

See you in the Library. We're holding your ticket for you.

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Safety Solutions

By Scotty Leamon

Public Safety Information Officer, Coconut Creek Police Department

MAKING SURE THE BAD GUYS STAY ON THE NAUGHTY LIST



Ah... the holidays! The time for family. Good food. And making sure those nasty con artists, scammers, and thieves stay on the “naughty list” by avoiding any attempts to fleece you out of your hard-earned money. Make no mistake about it, the bad guys will pick up their intensity this time of the year so we must increase our level of prevention and awareness as well. Below are a few things to keep in mind that’ll help keep the

coal in the bad guys’ stockings:

Stop. Think. And ask more questions-

I’m still reading too many police reports involving Wynmoor residents getting scammed via phony emails or websites that convince them to go by gift cards and then give the scammers all the numbers on the cards. Any time someone calls or emails you and tries to get you to pay off any “debt” or “fee” by going to the store and buying gift cards for them, it should be an immediate red flag that it’s a scam. Lots of times, if you just stop, think, and ask yourself the question out loud, “What’s really going on here?,” you’ll realize something’s not quite right. Here’s a simple formula I want you to remember:

You + someone asking you to go buy a gift card = Scam!

Don’t make it easy on the thieves-

It’s also around this time of the year that packages start disappearing off doorsteps. Don’t make it easy on any thieves by having a nice, big holiday present sit on the welcome mat at a front door for hours on end. If you’re shipping some holiday packages to friends or family members, talk to them about specific delivery instructions. Would it be easier to ship it to their place of employment? Could you leave instructions for the delivery driver to leave the package at the back door, or behind a potted plant, so it can’t be so easily seen? The same idea applies to anything you are having shipped to your home.

Keep your purses and wallets close-

Another form of theft that always seems to go up around this time of year is purses and wallets getting stolen. Most “purse snatchings” don’t involve a menacing thief coming up, pushing you down, and taking your purse. Most purses and wallets are stolen while they’re left unattended; your purse vanishes from the shopping cart while you’re putting your groceries in your car, or your wallet is gone after you laid it down on the checkout counter to look at a newspaper or magazine. Keep your purse or wallet close so any would-be thieves won’t snag it and take it to some far off place.

I always hate being so cynical around this time of year because the holidays are such a wonderful season! But the bottom line is that the thieves never take a holiday off, so we can’t either.



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Wednesday Night Tournaments

By Bob Horowitz

Join us every Wednesday night at 6:00 PM. Tournaments are handicapped for all skill levels. All Residents are welcome! Enjoy AC comfort while having fun and meeting new friends!!

WEEKLY WINNERS



10-3-2018: The winner of last Wednesday's nine ball tournament was Tommy with 14 wins, a narrow victory over Jon and Tony, who had 13 wins apiece in a draw for second. We had a great turn out with over 20 players.



10-24-2018: Our weekly 9 ball tournament was won by Tommy with Jim second and Peter third. Peter just returning to Wynmoor for the winter, played very well with little practice. Join us every Wednesday night at 6:00 PM.



10-10-2018: Ralph was the winner with 11 games won. Tony was a close second with 9 victories, Bob had 8 wins for third.



10-31-2018: We changed the game from 9 ball to 8 ball for a little diversion, It was enjoyed by all players. Ralph and Bob shared the winning trophy with Tommy and Bill tied for second place. A good time was had by all competitors in this friendly tournament.



10-17-2018: We had a full field of players. Every table was busy tonight. Bob got to the finish line in first place with Tommy a close second and Terri, with her first finish in the money, third.



KIDS WEEK 2018



Resident Name: _____

Resident Address: _____

Child's Name: _____ Age: _____

Check (#): _____ Cash: _____ Total: _____

Wednesday, Dec. 26th

- 9:00am-10:30am: Ceramics at Ceramic Studio (ages 5-15)
- 10:30am -12:00pm: Billiards/Pool (age 10+)
- 1:00pm-2:00pm: CCPD Dogs at Country Club Parking Lot
- 2:30pm-4:00pm: The Mad Scientist in Grand Ballroom A

Thursday, Dec. 27th

- 9:00am-12:00pm: Pickleball & Tennis at Racquet Complex
- 1:00pm-3:00pm: The Carnival in Grand Ballroom

Friday, Dec. 28th

- 8:00am-10:00am: Fishing at Eleuthera-Poolside FULL
- 10:00am-12:00pm: Ceramics at Ceramic Studio (ages 5-15)
- 1:00pm-3:00pm: Pottery in Pottery Studio FULL
- 3:00pm-4:30pm: Shuffleboard at Main Pool Complex FULL

Registration begins on Thursday, November 8th.

Price: \$15 (includes all events). No Refunds.

Register in Recreation. For more information call 954-978-2600, press 1.

At The Tennis Courts

By Arlene Eisenberger

SNOWBIRDS-WELCOME BACK!!! Many of our friends are slowly returning to the fold. We are all looking forward to welcoming you to another season of fun, exercise and friendships. So much is happening all around us, and hopefully all is good.

Our tennis courts are in great shape and getting busier every day. It is now time to get ready for our 2019 season. Starting off with our opening day, both on and off the courts, on Saturday, December 15th. This is our official Tennis Season Opening Day and Annual Meeting for elections to the Board. Tennis starts at 9:00 AM and our meeting around 10:30 AM. Our dues for the 2019 season remain \$12.

We have a full schedule of fun and social events for this coming season. Our members receive the information via email.

Any resident of Wynmoor interested in playing tennis, or getting lessons is welcome to "come on down" and see either Arlene or Bob. See you at the courts.

EULOGY

By Mel Berenson

His name is Joel Frankel and always will be remembered
 He was a man of many good deeds,
 who was a great believer in laws;
 a fighter and very wise man.
 A man who could have retired twenty years ago,
 but stayed for well over thirty.
 Joel was a self made person, who owed
 his success to himself and all who believed in him.
 Joel's greatest joy was his wife, Doris, who often said how
 she would love him forever. They were as one.
 Joel believed his courtship of his wife was his greatest desire.

Joel was, and probably is, A GIFT OF G-D



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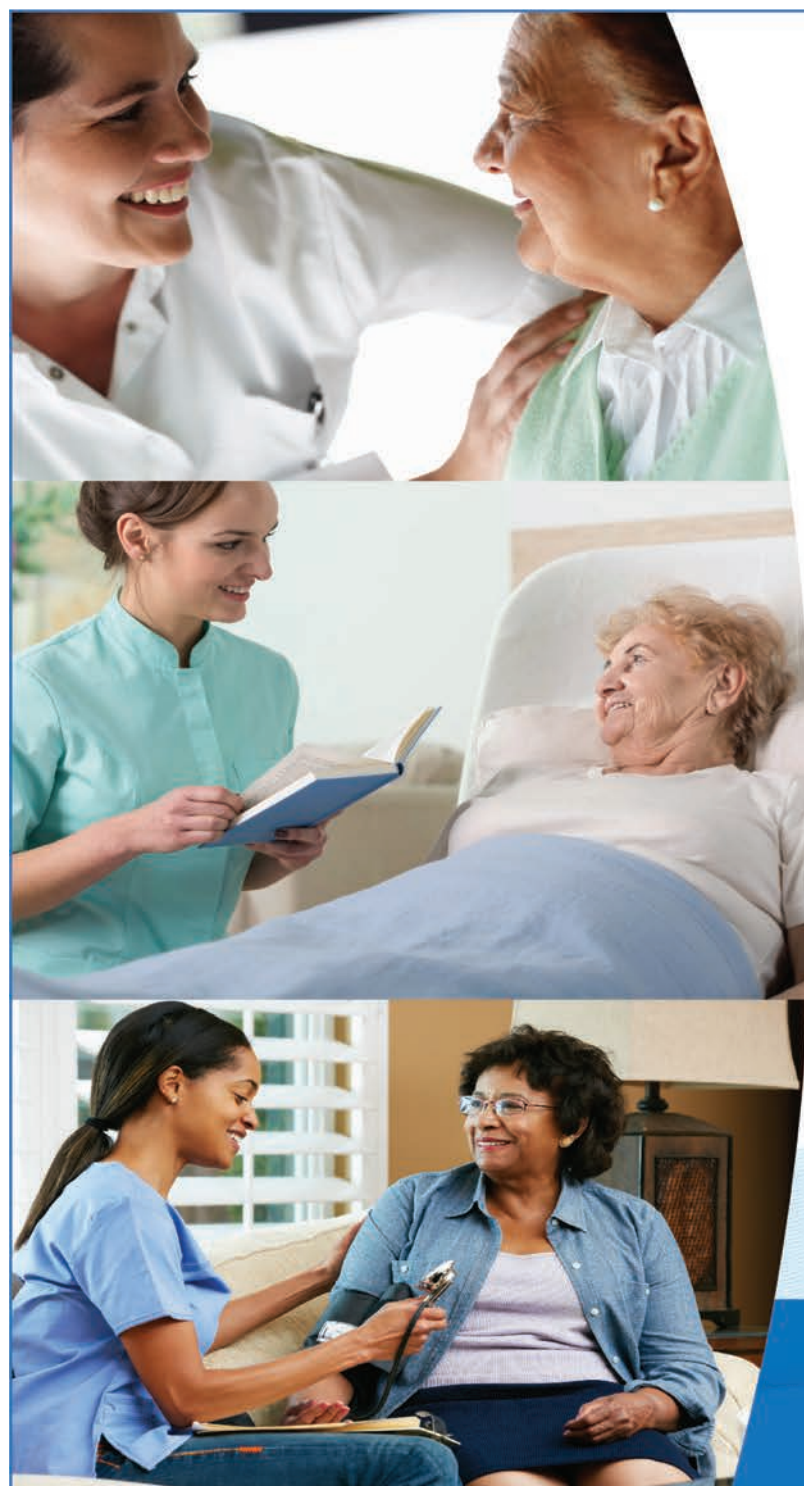
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Neighborly News

Andros 1705

By Marilyn Stahl

Lucky for us 1705. Angel Ortiz has agreed to be our Assistant Director with Angela Papa as Director. Our building is in very good hands.

I want to wish Pat Pyle a return to good health very soon. The Lunch Bunch misses you.

Speaking of the Lunch Bunch, our next outing will be at Galuppi's. We catch up on the news and goings on in our building.

Bernie Horowitz' son Larry and his family from Connecticut came for a visit. They will be relocating to Port St. Lucie. "Great to have them close."

Amelia DiBenneto will be spending the next few months with her children in New York. She will be missed. Hope she keeps warm. Her family will make up for the cold weather.

Our Snowbirds are back! Hooray. Now we will all continue to enjoy this wonderful place.

Happy Holidays to all. Hope the Holidays and the New Year bring good health and love to all.

1803 Eleuthera Point

By Maralyn Wallace

Congratulations to Laura Frank! In November, she celebrated 90 years young!

She is active and will celebrate her birthday traveling with her family. Enjoy, Laura, you deserve it!

Happy Birthday Laura from all your friends!



No One Has To Be Alone!

By Alicia J. Berger

I got to thinking about gals who want to meet other people. I retired from the bright lights and excitement of Manhattan almost 8 years ago where I had a glamorous job of being Nicole Miller's receptionist.

Florida life was entirely new to me. Meeting new people took time. That's why I decided to help all these lovely women whom I met in the past few months. I love to arrange dinners, etc. This endeavor has grown into almost 30 women. We are known as the "Lady Swords." I'm happy for them and for my own gratification. Nobody ever has to be alone here at Wynmoor. Thank you for this opportunity.

For questions or information, email Alicia at: ajb7332@gmail.com

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City Matters

By Commissioner, Mikkie Belvedere

Happy New Year. This year really sped by! Happy Birthday and Happy Anniversary to all celebrating this month. Some of the wonderful holidays this month are: Chanukah, Pearl Harbor Day, Kwanza, Christmas and New Year's Eve. When you make your New Year's resolution, remember to add kindness and civility.

December is Bingo month. Other special days include: Dec. 10th, Human Rights Day; Dec. 13th, Ice Cream Day; Dec. 21st, Winter Begins; Dec. 24th, Chocolate Day, indulge.

Some activities scheduled for your enjoyment include:

- Chanukah Menorah Lighting at the Promenade on Dec. 2nd.
- You are invited to the Multicultural Circle Holiday Party on Dec. 4th at 6:30 PM. It is a pot luck get together. Bring a small dish and if you want to participate in the gift exchange. Please bring a wrapped gift not to exceed \$10. We will have music and lots of fun. It will be in the Community Center. (Coconut Creek Parkway and Lyons Road).
- The City of Coconut Creek has teamed up with the Life Long Learning Institute of Nova Southeastern University to bring you a Culture Series. The first cultural meeting for this year is "Laughter, Humor and Health," with Ann Goldberg. It is free for Coconut Creek residents Thursday, Dec. 6th - 6:30 PM in Commission Chamber.
- Dec. 7th - 9:30 AM - 12:30 PM, Senior Expo at the Community Center.



- Dec. 8th - 10:00 AM - 6:00 PM, Holiday Fun Day at the Promenade.
 - Farmers Market - Dec. 9th - 9:00 AM - 1:00 PM at the Recreation Complex (Lyons and Sol Press).
 - Dec. 14th - 7:00 PM - 8:30 PM, A Wonderful Jazz Under The Stars at City Hall,
 - Farmers Market - Dec. 23rd - 9:00 AM - 1:00 PM.
- I hope to see you at some of these wonderful activities.

The Coconut Creek Rotary Club is looking to start an Auxiliary Club in Wynmoor. If you are a former Rotarian, or an interested Rotarian, please reach out to me so we can start a club that will do good deeds for the community.

Our Coconut Creek Staff and Certified Police Force are working hard to keep us safe, keep our economy growing (with new businesses moving to our city), maintaining our roads, underground pipes, lakes, tree canopy, and more.

A new business in the Promenade is Nektar. It is a tasty juice bar with a great variety of juices (next to Sur Le Table).

Please remember that our Security Department is collecting canes, wheel chairs and walkers, which we donate to Food For The Poor, to be distributed in the Caribbean Islands for individuals still struggling with damage from Hurricane Maria more than a year ago.

Have a great day and keep smiling.

I can be reached at 954-803-7696 for comments and suggestions.

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Please call me, **EVETTE** at **561-364-8659** or on my cell phone **954-734-3449** if you would like to discuss or get additional information. Just Imagine, Freedom from Bladder Problems.

DECEMBER CLASSES

Monday:

AARP: Monday and Wednesday, December 3rd and 5th, from 1:00 PM - 4:00 PM; TWO DAYS; \$15 - \$20

Art: Painting (DeRosa): Begins December 3rd from 1:00 PM - 3:00 PM for 3 weeks; \$30; skipping 12/24 & 12/31

Chair Yoga (Charland): Begins December 3rd from 1:00 PM - 2:00 PM for 3 weeks; \$21; skipping 12/24 & 12/31

Tap Dance (Fisher) Begins December 3rd from 10:00 AM - 11:00 AM for 2 weeks; \$16



Tuesday:

Line Dancing (Levitan): Begins December 4th from 10:00 AM - 11:00 AM for 3 weeks; \$21; skipping 12/25

Mixed Media (Tishman): Begins, December 4th from 1:00 PM - 3:00 PM for 3 weeks; \$37.50; skipping 12/25

Stain Glass - Day (Zannini): Tuesdays and Thursdays, December 4th and 6th from 9:00 AM - 12:00 Noon for 3 weeks; \$72

Stain Glass - Evening (Zannini): Begins December 4th from 6:30 PM - 9:30 PM for 3 weeks; \$72; skipping 12/25



Wednesday:

Art: Pointing (DeRosa): Begins December 5th from 10:00 AM - 12:00 Noon for 4 weeks; \$40

Ballroom Dance - Rumba (Price): Begins December 5th from 7:00 PM - 8:00 PM for 4 weeks; \$32



Thursday:

Canasta (Levitan): Begins December 6th from 3:30 PM - 5:30 PM for 4 weeks; \$36

Creative Art (Zannini): Begins December 6th from 1:00 PM - 3:00 PM for 4 weeks; \$45

Mah Jongg (Levitan): Begins December 6th from 1:00 PM - 3:00 PM for 4 weeks; \$36

Paper Toile (Katz): Begins December 6th from 10:00 AM - 12:00 Noon for 4 weeks; \$40



Friday:

Beginners Tap Class (Jankelevich): Begins December 7th from 8:30 AM - 9:30 AM for 4 weeks; \$32

War and Peace in the Jewish Tradition (Kavon): Begins December 7th from 10:00 AM - 11:45 AM for 4 weeks; \$32

Saturday:

Yoga (Charland): Begins December 1st from 9:00 AM - 10:00 AM for 5 weeks; \$35

Lessons:

Golf Lessons (Battersby): Private Sessions available.

Wynmoor Personal Trainer (Anderson): Private Sessions available. Free Demos on Tues. and Weds. 5:00 PM - 7:00 PM

Wynmoor Personal Trainer (Hamburger): Private Sessions available. Free Demos on Wednesdays 12:00 Noon - 2:00 PM

Wynmoor Personal Trainer (Walbert): Private Sessions available. Free Demos on Tuesdays 5:00 PM - 7:00 PM



For more information, call Recreation at 957-978-2600, press 1. Register at the Recreation Office, Monday - Friday from 8:00 AM - 4:45 PM and in the Country Club Business Center Monday - Friday from 2:00 PM - 5:00 PM. Classes are held on a monthly basis and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.



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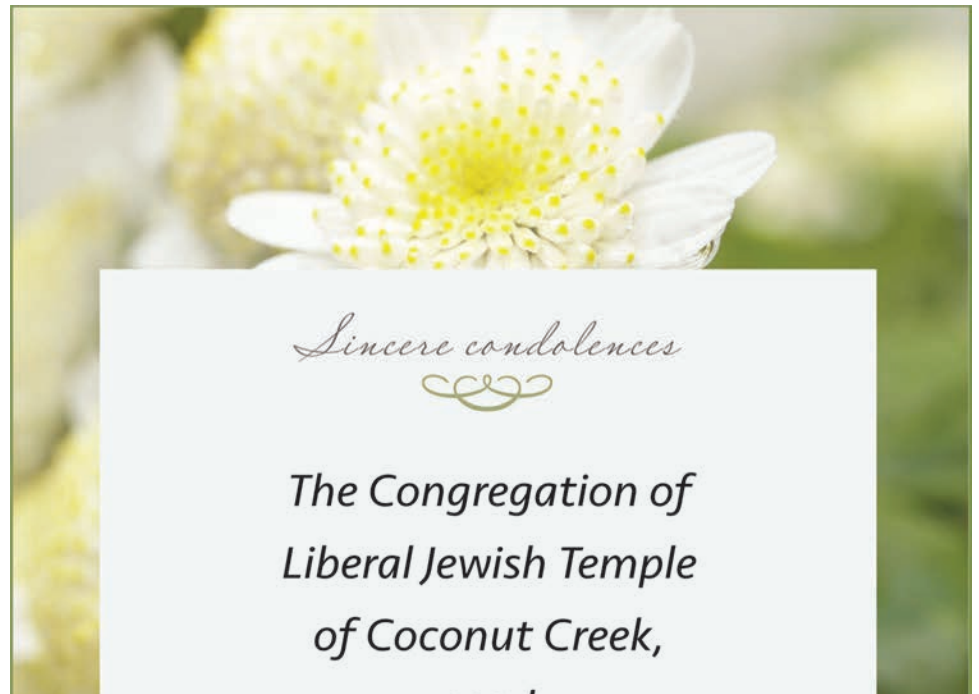
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Eliezer and Myrna Rosenthal
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on the loss of their sons,
DAVID AND CECIL*

*Keeping you in our
thoughts and prayers,*

*Liberal Jewish Temple
of Coconut Creek*

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Clubs and Activities

ALL Wynmoor Clubs, regardless of name, are open to ALL Wynmoor residents. Dues may be applicable.

American Legion Post #170

By Ralph Trapper

The next meeting of American Legion Post #170 is scheduled for December 10, 2018 at 7:15 PM in West Wing II located at the Main Theater Complex.

We are hoping to have a speaker for the meeting (12/10/2018).

Following this meeting of December 10, 2018, light refreshments will be served.

Where has this year gone? Personally, it has been a rough year for both my wife Beverly with the passing of her younger sister and for myself with the passing of my younger brother.

We wish to thank everyone who called and/or sent cards. We certainly appreciated your kind thoughts and well wishes.

For additional information, please contact Ralph Trapper, 954-972-4329 or Don Schwiesow, 954-984-6070.

Belly Dance Club

By Marcia Maron

The Belly Dance Club meets on Tuesdays at 2:30 PM in the West Wing. Need information? Please call Marion Maron at 954-969-7836 for exercise, balance, learning new dances and just fun!

Billiard & Pool Club

By Bob Horowitz

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events have included: Karaoke Night, Comedy Club Night, group BBQ, Club Pool & Billiard tournaments, and other social events.

Join us Wednesday nights starting at 6:00 PM for our Wynmoor Pool Tournament. This is open to all levels of players, from beginners to advanced.

For information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting, email WynmoorPoolClub@gmail.com or come into the room and look for event sign-up sheets or ask for Co-Presidents, Ralph Rubin or Bill Brunie or Vice President, Bob Horowitz.

You can also join our Facebook page, "Wynmoor Poolclub."

Free Pool Lessons: Put your name on the pool lesson sign-up sheet in Pool Room or email us to schedule free Pool Lessons.

Wynmoor Pool & Billiard Room: All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room, located in the Wynmoor Country Club building next to the library. With boasting 14 tournament grade regulation size pool tables, 4 heated billiard tables and one regulation snooker table, this club has been called, "the best Pool, Billiard, and Snooker Venue, public or private, in all South Florida."

Players of all skill levels are welcome. The room is open 7 days a week from 8:00 AM to 12:00 Midnight. Use of the room and tables is free to all residents. * Free for residents. Guests must register and pay guest fee.

Next Pool & Billiard Club Meeting is December 9th in the Multi-Purpose Room (next to Main Pool/grills) 10:00 AM. Come meet & greet fellow pool players. Bagels and Coffee will be served. Cost \$1. New Members are welcome!

We are now forming a Women's' Pool Team:

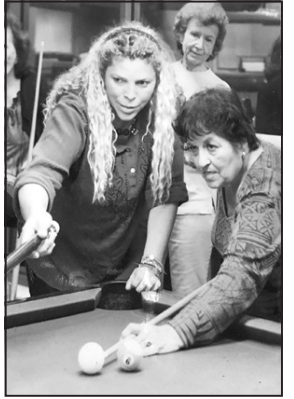
Explore a new activity, make new friends and have fun in our A/C poolroom.

This is for beginners and advanced players.

Residents and their guests are welcome.*

There is a sign-up sheet on bulletin board in the Pool & Billiard Room, located in the Clubhouse.

*All Events are Free for Wynmoor residents. Guests must register and pay a guest fee.



Bocce

By Lucia Catone

"BUON NATALE - MERRY CHRISTMAS" to everyone!! We hope you will celebrate with family and friends!

Have you noticed our new canopy sitting area with tables and chairs? Awesome! We are definitely going to utilize it!

Our Club is in full swing, playing on Tuesdays at 3:00 PM and on Wednesdays and Thursday mornings. "First Timers or Pros," Wynmoor residents are all welcome. Our Club dues are \$5. We will be collecting dues for 2019 this month. We would love to see you at the Bocce Court!

Bridge

By Marilyn Johnson



'Tis the season. Here in Wynmoor, it is both the Holiday Season and the Return of the Snowbird Season! Welcome back; and remember, it is always the season to play Bridge. December is a busy month for the Bridge Club. A new Mentoring Program will begin on Saturday, December 1st, at 10:30 AM in the East Wing. This is a wonderful opportunity for newer players or others wishing to improve their game. (To register, send an e-mail to bhamovitch@yahoo.com. Include your name and phone number.)

Join us right away for a TGIF Open Championship game with the election of Officers for 2019 and a Luncheon on December 7th. (\$7.50 for lunch and Bridge card to play.)

Plans are almost complete for our New Year's Eve game complete with a catered dinner in the East Wing. What a great way to welcome the New Year.

We will also play sanctioned games on Mondays and Wednesdays at 7:00 PM in the West Wing and on Fridays and Saturdays at 1:00 PM in the East Wing. We play social duplicate games on Tuesdays at 12:30 PM in the East Wing and Fridays at 12:30 PM in the West Wing. Don't forget our Birthday Game on December 27th.

Congratulations to our Club Championship Winners Charlotte Salmansohn and Laura Weissbrod on October 3rd and Jacqueline Cutler and Albert Rice on October 13th. Congrats also to our Club Appreciation Winners Sondra McCloskey and Nancy Starr on October 8th and Elliott Rappaport and Marvin Goldberg on October 17th. More congrats to Open Championship Winners Lynne List and Nancy Starr on October 19th and STAC Winners Jane Ann and Murray Buchwalter (North-South) and Sylvia Balne and Dorothy Flood (East-West) on October 12th.

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Clubs and Activities

Camera Club of Wynmoor

By Nancy Landman

Membership is open to all Wynmoor residents with an interest in photography, regardless of their skill level or type of camera. The club offers instructional programming, entertaining multi-media presentations, informal critiques, field trips, and small group mentoring.

There is also a club member's newsletter, "The Focus," that will display club member's photos, club activities, and informative articles.

We encourage people with *beginner* skills thru *advanced* skills to enjoy and share the benefits of a photography club, and to gain experience and knowledge to help each other grow in order to achieve and promote photography's excellence and fun.

Yearly membership is \$10 per person, \$15 for married couples.

New to the club? First meeting is FREE!

Come join us!

Meetings for the 2018-2019 Season:

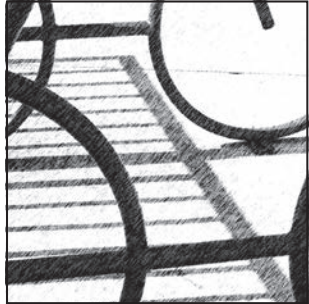
2nd & 4th Tuesdays of the month

Between November 13, 2018 and April 9, 2019

Location: Wynmoor Country Club Lecture Hall

Time: 3:30 PM to 5:30 PM.

Photos: Marilyn Kress - Bike Lines
Helen Storm - Sunset at Key West
Lee L. - Blue Bird



Ceramic Club

By Maralyn Deieso

Welcome back to all our Winter friends. Hope you had a happy, healthy Summer.

Any residents that would like to come in for a tour of our studio are welcome. There is always a member here that will be happy to show you around. If you are interested in joining, you can sign your name and phone number in our book at the Front Desk and you will get a call from one of our indoctrinators about lessons.

The second Wednesday, December 12th is our Breakfast Meeting. Be sure to sign the book so we know who is there. Meeting is in Ballroom A at the clubhouse at 9:00 AM.

Hope we see you there. Mark your calendar.

We will be closed to members December 24th - January 2nd for Christmas, Kids Week and New Year's. Sign up to help us with children the 26th or 28th or both.

To all those traveling for the holidays we wish you very happy times and a most Happy New Year to you and yours.

Clay Sculpture Club

By Martha Van Cleave

Come explore your creative talents in Clay! Our club is open to all! No experience necessary!

Our club meets on Tuesday, usually around noon, in the Clay Sculpture Studio, which is at the main clubhouse in the back facing the golf course and just beyond the Billiard Room.

Please come by and check it out to see if you might be interested. Our club dues are \$10 a year if you decide to join. If you don't see anyone at the studio please feel free to call me for more information.

Martha, 954-971-3932, or email me at vancleavemarta@yahoo.com.

Compulsive Eating Recovery Of Wynmoor Club

C.E.R.O.W

By Mort Brody and Mike Ramati

Do you want to lose your obsession for food? Are you tired of continuously dieting? Have you had enough weight loss disappointments? Come join us, as we work together on our issues.

We follow the traditional principles of OA (Overeaters Anonymous). It works if you want it. It works if you come ...

NO Diets. NO Restrictions. NO Fees or Dues. NO Last Names. We respect anonymity and privacy.

Enjoy your ultimate new freedom, share, listen and take what you want out of it.

We meet On Mondays, 7:00 PM - 8:00 PM in the Sunrise Room, (last door - back of the East Wing). For additional information, call Mort at 954-815-2058 or Mike at 954-971-7699.

Computer Club

By Beverly Friend

Wednesday, December 19th, is the next meeting of the Computer Club at the regular West Wing I location.

Programs include presentations on pertinent topics and trouble-shooting for both Apple and Windows computers.

Refreshments are always served! Come and share your expertise - learn a little, teach a little. Bring your problems; employ the solutions.

Your first meeting is FREE and when you join membership is \$15 a year. Please bring your ID to show you are a Wynmoor Resident.

Conservative Club of Wynmoor

By Andrea Joy

The Conservative Club of Wynmoor is proud to have back a very prominent speaker on a topic that is on all of our minds and tongues. Immigration! David Caulkett, VP is an expert on this subject and we are happy to have him back.

He is with Floridians for Immigration Enforcement, www.FLIMEN.org. To quote, "When Immigration is viewed only racially and culturally limits and legality will never be imposed. The debate must focus on limitations and lawfulness, otherwise open borders make the United States a marketplace and not a country."

Please join us Tuesday evening December 18th. Our meeting starts at 7:30 PM, so come 15 minutes early. All are welcome, so please bring a friend!

Cookies and coffee will be served. We will have a 50/50 raffle.

Current Events Club

By Daisy Sheridan

Please join us at our weekly meeting where we discuss the important events of the recent past. We meet every Tuesday morning from 11:00 AM - 12:00 Noon. Please be advised that on December 4th we will still meet in the Sunrise Room. However, on December 11th we can return to the Multi-Purpose Room.



Our meetings are always most interesting and enjoyable. May we welcome you next Tuesday?

Democratic Club

By Margaret Wishnow

On Tuesday, December, 4th the Democratic Club will be holding its monthly meeting. It's being held in the Main Ballroom. Doors will open at 1:30 PM and the meeting will start at 2:00 PM. All are welcome. Bring a friend.

November was certainly an exciting month for us. At the time of this article the verdict is still out as to who will be Florida's next Senator, Governor, and Agricultural Commissioner. Fingers crossed, but no matter the outcome, we all should be proud of our valiant efforts!

To say thank you to our members who voted, Mark Bogen will be sending pizza to our meeting. Yum! Come and enjoy. To become a member there is a \$10 fee. Join us. Meet new friends.

Fishing Club

By Eddie Kopple

We had our second meeting and we are still waiting for our Snowbirds to return. The next meeting will be Monday, December 3rd in Ballroom B at 8:30 AM. Bagels and coffee served. Just a reminder, kids will be fishing Friday December 28th at 8:00 AM at the Eleuthera pool. Please, we need members to help out for the January meeting on Monday, January 7th. Anyone needing information about the Fishing Club can call Eddie 215-429-6138. Leave a message or call Arnold 954-973-2687.

Fun With Friends

By Lou Kravitz

Our December 16th dance features "Street Talk Orchestra," a versatile group for your listening and dancing pleasure. They have been with us for

Clubs and Activities

Continued from page 55

five years and are always well received. The theme is "Dress To Impress" to celebrate the holiday spirit.

It is time to join the club again and it is still only \$10 a person. Please keep this check separate, as it will make our bookkeeping easier. The dance will still be \$10 for members and \$15 for non-members.

We have a new drop off point: Marcia Maron, 2804 Victoria Way, Apt. 02. It is number three on the circle. Her phone number is 954-969-7836.

Hope to see everyone at the dance. After all, it is Fun With Friends.

Hadassah

By Toby Gordon



If you missed our meetings so far, please join us in the West Wing from now on and see what you were missing. We will meet at 12:00 Noon on December 5th, for bagels, a smear and some catching up with friends! Some we see only once a month, and there is always a lot of catching up to do. Our meeting will be called to order by our President promptly at 12:30 PM, with committee reports and other business being carried out. Then comes the extra good stuff! This month, we will hear stories from Linda Spitzer, Jewish Tales of Funnakah Chanukah.

SAVE THE DATE: January 2, 2019 is the date for our Hadassah Medical Organization Brunch. It will be held in the West Wing. This is the time that we all come together to raise as much money as we can, for the research done by Hadassah Hospital in Jerusalem. Form your tables of 8-10 people, pick up your reservation forms in the Library, send them, along with a list of names and your checks to: Naomi Fried, 2804 Victoria Way, Apt H2, Coconut Creek, FL 33066 and learn about the latest research being done to save lives! For further information, please contact Naomi at 954-970-1001 or Toby Gordon at 954-978-8911. Hope to see each and every one of you there!

REMINDER: Please support Hadassah by purchasing certificates from Bernice Riback. She can be reached by calling 954-984-1703. Trees for any occasion may be purchased through Beverly Alexander. She can be reached at 954-969-1701. Beautiful cards for all occasions may be obtained through Dotty Pekus who is reachable at 954-973-9050. Your support is greatly appreciated!

Those who are traveling for the Chanukah holiday – safe travels and hurry back. Enjoy your families and many friends up North, but know we miss you. We count on each and every one of you to help make this a successful season.

Health & Wellness Club

By Hope Myers

Holiday Party for **members only** on Tuesday, December 18, 2018 at 2:30 PM in the West Wing II. This is primarily a social event, but we will have a speaker. Our speaker Denise Villani's company, Radiant Reflections, has graciously offered to sponsor the meeting. Her company uses an FDA approved machine, which uses Cold Red Light Laser & Radio Frequency, to transform the face and body. The process increases collagen production, reduces cellulite, tightens & firms the skin and more. Ms. Villani business partner, Jean Quinn, a certified & insured laser technician, will demonstrate the process at the meeting. Anybody wishing to participate in the demonstration and receive a *Complimentary Neck or Eye Lift treatment* should call Hope Myers (number below). She states "the results are instant." If you have attended our December parties in the past, then you know that our holiday fare is exceptional. We will be collecting membership dues of \$10 for the 2018 – 2019 season at the meeting. You can become a member at this meeting. This will be a wonderful event! Be sure to come! Any questions call Hope Myers, Pres. at 954-971-9538.

Karaoke Club & More

By Robin Thompson

Happy Holidays to all!

Please join us on Wednesday, December 26th in Grand Ballroom A. Doors open at 6:45 PM. We are not just a Karaoke Club. From 7:00 PM to 8:00 PM you will be entertained by a very talented keyboard/vocalist Bob Boudreau, for your dancing and listening pleasure. The rest of the evening will be dedicated to Karaoke. Snacks and beverages are permitted. We have over 30,000 songs. **Singers**, please come with some songs in mind and check in with Robin when you arrive, so I can put your song requests in the rotation. Residents must show Wynmoor ID. Admission is \$2 per person. So, come enjoy everything the Karaoke Club has to offer. We look forward to seeing you there!

Ladies Circle

By Jo Bakalar

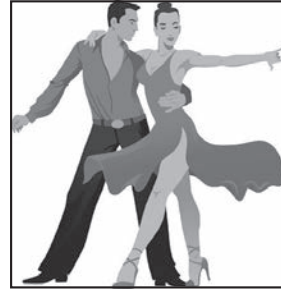
Our Holiday Party/Boutique was a great success. Thank you to everyone who supported (and enjoyed) it! Coming up on December 27th the Children's Choir from the Hebrew Academy will perform for us. The meeting will begin at 11:30 AM. Bagels and bialys will be available for a small fee.

We are continuing our blanket project for the children receiving chemotherapy at Alex's Place. If you are not able to make a blanket, a donation of \$18 would be appreciated. You may contact Iris Arlen at 954-532-5268 for further information. Please bring your completed blankets to the December meeting.

Coming up in January we will hold our Annual Membership Luncheon and Fashion Show. This meeting will feature fashions from Dress Barn in Boca Raton. We are planning a luscious lunch. Watch this space for further details!

Latin Women's Club

By Minerva Nazario



Wishing our members and friends a joyful Hanukkah, a Merry Christmas and a Happy New Year.

The Latin Women's Club meets the last Tuesday of each month from 2:00 PM to 4:00 PM at Classroom 4 of the East Wing. **The club meeting for the month of December will not be held** due to the Christmas Holiday falling on Tuesday, December 25th. Our dues are \$15 per year. Refreshments served. All our meetings are held in the Spanish language.

For those celebrating a birthday or anniversary this month, we wish you good health, peace & love, and many more years to celebrate. For more information about the club, please call Minerva Nazario at 954-532-3156. Feliz Navidad!

Live Love Laugh Moor

By Charles Lindquist

Our series of events for the new season starts on December 7th, when our Friday Night at the movies event will be a Pearl Harbor Remembrance. We will also have a movie on Friday December 26th.

Our first of three cruises will be a trip to Panama on December 9th-19th. We will also have a western Caribbean cruise in February and an eastern Caribbean trip in March.

We WILL have our Annual Christmas Day Get Together for our members and their guests. It will be held in the Ballroom.

During December and January, we will be collecting club dues for 2019. Dues are \$10 per person annually. Checks only please, payable to Live Love Laugh MOOR. 2019 will be a great year for our club as we already have many events scheduled.

Starting in January, we will have a monthly club Get Together. During these events we will celebrate members' birthdays and anniversaries for that month.

If you are a member and a veteran, let us know of your branch and year of discharge. Hopefully we will have an event to honor your service.

We have planned an overnight trip for our members on a Murder Mystery Train trip on April 4-5. Join our email list to be kept informed on upcoming club events. Info: LiveLoveLaughMOOR@hotmail.com

Monday Night Dance and Social Club

By Tamara Tresniowski

December will be a short month, but a festive one. December 3rd, we have a wonderful Waltz Line Dance lesson. December 17th, we have a Salsa Line Dance lesson. Lessons are from 6:30 PM 7:00 PM.

December 17th is our Christmas/Hanukkah/New Year's Party. Ice Cream will be served.

There will be **No Dance** on December 10th, December 24th, and December 31st.

If you haven't checked us out yet, what are you waiting for? Dues are \$5 a year, \$1 a dance for members, and \$1.50 for non-members. Lessons are 6:30 PM to 7:00 PM. Dance is from 7:00 PM to 9:00 PM.



Clubs and Activities

Nature & Arts Club

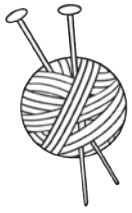
By Cindy Selmon

Welcome back snowbirds! We hope you are ready to explore South Florida's Nature and Arts scene. Our breakfast meetings are held the first Thursday of the month in the Clubhouse from October through May. Meetings provide an opportunity to learn something, and meet new people. This month our meeting will be held in Grand Ballroom A. Brittany Curtis, of the Coral Springs Art Museum, will be the speaker. She will describe the many programs that are being offered at the Museum, including new senior programs.

Our trips are held on the third Thursday of the month, from October through May. Participation is open only to paid up members, so if you have not already joined please do so.

Needlework Click

By Barbara Bilello



Our only meeting for December will be on the 11th, the 2nd Tuesday. This will be our Holiday Party. Please make sure you get in touch with Charlotte as to whether you are joining us.

We would like to thank everyone who donated yarn this past year; it is greatly appreciated as we have made beautiful items that were donated to our many organizations. We are always ready to pick up yarn and put it to good use, if you have any please call Barbara 754-222-6375.

Happy Holidays to everyone!!!!

Pennsylvania Club

By Marilynn Stoloff

We met last month with heavy hearts and sadness as Two of our members lost their sons in the attack at the Tree of Life Synagogue. We are united as Pennsylvanians following the hateful murder of 11 of our neighbors.

When one life is taken all our lives are affected in common grief and conviction to make the world a better place. All our members have a connection to someone who is in pain. We hugged and cried and recommitted ourselves to listen, to help each other, and leave no one alone and angry. There were 2 signs held up at the memorial service that describe the raw feeling. Love thy neighbor means Love everyone. Anger will not bend Steel.

If you are from Pennsylvania come join us. We welcomed two new members last month and plenty of room for more. We will meet Sunday December 2nd at 10:00 AM in the West Wing. It is our holiday celebration and the last meeting of 2018.

Pickleball Club

By Sandra Cohen



December is one of the nicest months in South Florida, and the weather is almost always perfect for Pickleball. With the cooler, dryer weather and the return of many of our snowbirds, the courts are active and everyone is having fun.

We're all looking forward to the holiday festivities this month and the onset of our monthly tournaments, parties, luncheons, dinners and dances in the New Year.

If you're interested, it's easy and convenient to learn to play Pickleball. Just join us any Monday afternoon at the Pickleball courts for FREE lessons from 3:00 PM to 5:00 PM. We even supply racquets and balls for the lessons.

We wish everyone a wonderful Holiday Season and all the best in 2019, and we hope to see you soon.

Queens Club

By Ruth Weinstein

Wishing all our friends and members had a Happy Thanksgiving, and look forward to upcoming events.

On December 2nd, we have the pleasure of Gloria Shapiro – the great story teller, who will do a book review on Irving Berlin.

Be sure to come at 10:00 AM to enjoy breakfast and then entertainment.

On January 6th, another fine singer will entertain – his name is John Lariviere.

Call Ruth for information 954-975-0515.

Shuffleboard Club

By Michele Epstein

Welcome back to all our friends and neighbors. We have been enjoying all Wynmoor has to offer and hope you now are enjoying our terrific weather and many amenities. Now that we all have digested a fabulous Thanksgiving dinner with family and friends, it is now time to do some walking and stretching on and off the Shuffleboard courts. We hope to see you all on the courts.

Club hours are Saturdays and Mondays at 10:00 AM and Tuesdays, Wednesdays and Thursdays at 7:00 PM. Be well and get ready for the holiday shopping and gift making. KEEP SMILING.

Stone Sculpture Club

By Gilbert Savitzky

Our club is open to all Wynmoor residents who wish to chisel away in stone. From the novice to the expert, you will find your artistic outlet in creating a sculpture. We have the tools, the stone and the expertise to assist you in your journey. We meet every Wednesday at 10:00 AM. For more information, call Gil Savitzky at 954-979-0774.

View our current display in the glass showcase at the Clubhouse, opposite the medical office.

Come and discover your inner Michelangelo.

Tennis Club

By Shelly Propper

The Tennis Club is getting ready for the new season this December. We have our first meeting on Saturday, December 15th where we will be collecting the dues of \$12 for 2019 (January 1st to December 31st) and electing Board Members.

Tennis events will occur every month and be posted on the boards at the courts and sent by e-mail to all Tennis Club members. Our regular morning Round Robin games continue along with doubles games during the week from 8:00 AM to 10:00 AM. Be sure to sign up on the board at the courts. Night Tennis Round Robins are still played every Monday, Tuesday and Thursday from 6:30 PM to 8:00 PM, with warm up from 6:15 PM to 6:30 PM. Bob Long organizes additional events, such as Master's Tennis and Cardio Tennis. These are also posted on the boards at the courts.

Join us for fun, food and festivities while enjoying tennis.



US Club

By Ceil Eitman

Life's a beach! So, join the fun at the US Club on Tuesday, December 4th at 7:30 PM in the Ballroom. You know what to wear. Doors open at 6:30 PM.

Members \$2, guests \$5 at the door.

Live entertainment and yummy desserts available as usual.

For member information call Bernice Riback at 954-984-1703. The US Club motto of UNIQUE SOCIABILITY lives on.

Women's Pool Team

By Bob Horowitz

Explore a new activity, make new friends and have fun in our A/C Pool Room.

This is for beginners and advanced players. Residents and their guests* are welcome.

There is a sign-up sheet in the Pool & Billiard Room located in the Clubhouse, or e-mail us at: Wynmoorpoolclub@gmail.com

Please bring your Wynmoor ID cards.

*There is no charge for residents, \$5 all-day guest pass required for non-residents.

Writer's Workshop

By Gus Loret-de-Mola

Have you ever felt the urge to write? Do you feel you have stories to tell or poetry that you have always wanted to create?

Would you like someone to listen to your writing and give you feedback on what you compose? Come to our workshop, Saturdays from 10:00 AM - 12:00 PM in Card Room 1 at the Country Club. Enjoy the writing of others and have fun sharing your work. For information, call Gus Loret-de-Mola at 954-968-1082.

Wynmoor Amateur Radio Club

By Ralph Trapper

The W.A.R.C. meets all year round, every Friday morning at 9:00 AM at the Multi-Purpose Room, near the Main Pool. At 10:00 AM, we move to the "Ham Shack," located in Room #118, on the West End of the Administration Building. Visiting Amateur Operators are welcome to operate from our station, just be sure to bring a copy of your "ticket" (License) along with you.

On a personal point, this has been a very tough year for Beverly, my wife,

Continued on page 58

Clubs and Activities

Continued from page 57

who lost her younger sister earlier this year and I lost my younger brother recently. I would like to thank all of our many friends who sent cards and made phone calls to us during these times of our sorrow.

For further information, please contact Ralph Trapper at 954-973-4329.

Wynmoor Hurricane Emergency Net

By Ralph Trapper



Tell me where the year has gone, as we are officially over Hurricane Season for 2018. Yes, there have been several close calls from hurricanes that came close, but locally only turned out to be rain events. We can remember that not too long ago, Hurricane Michael resulted in severe damage along the West coast of our state. Then look at what happened earlier in the year with the damage the hurricane inflicted on the island of Puerto Rico.

Now to deal with the same question comes up at this time after the end of hurricane season. That is, what to do with the Wynmoor issued equipment?

Well, just hang on to equipment for a while. There have been December and January hurricanes, in the past, so it could happen. If it does, you have the equipment ready. Otherwise, look for additional information in the January issue of the INSIDER.

If you'd like to assist us – or you're a previous operator who couldn't attend the breakfast meeting for instructions, please contact Ralph Trapper at 954-972-4329 or Gerry Soloff at 954-973-4899.

Wynmoor Ladies Golf Association

By Violet Howard

YES – It's Holiday time: Celebrations, Parties, Bright Lights, Fancy Duds, and so much more! CHANUKAH and XMAS time at Wynmoor! All lady golfers out on the course having a great time making pars and birdies galore. Just ask Janice, Shelly, Arlene, Laura, Barbara, Rhoda, Mona, Bella, and so many others. All enjoying renewed friendships and all happy with the new greens. Our Holiday Party with our presents for KIDS will be great this year. We are looking forward to our Golf Play and Luncheon on Tuesday, December 11th. Sign up ASAP, the sheet is posted on the Bulletin Board. Our 2019 Slate of Officers will be installed at our Annual Installation of Officers Lunch and Fashion Show on Tuesday, January 17, 2019, an event not to be missed, held at the Deer Creek Golf and Country Club. The models will be featuring the new golf fashions for 2019. Be there! Sign up ASAP.

HAPPY BIRTHDAY TO: Barbara Heyer, December 1st; Connie Rinaldi, December 4th; Shelly Mark, December 19th; Jann Cohen, December 23rd;

and Terry Striano, December 31st. Congratulations to all! – Have a Ball – And Enjoy!!!

Wynmoor Ladies Golf Association

By Connie Rinaldi

To all Wynmoor Lady Golf Lovers! Do you golf?

If your answer is yes...come join the ladies of Wynmoor on Tuesday mornings. Our primary objective each week is to have fun!!! All levels are welcome. Nine and 18-hole groups. If your answer is no BUT "all your friends" are golfers...join the league as a social member. You can have fun with your golfing friends at all the social events during the year. Sign-ups are at the Golf Shop on Tuesday's and Thursday's throughout December. You can even start playing in December with your 2019 membership.

Any questions, call Connie Rinaldi, WLGA President, 954-974-2589.

Wynmoor Rebels Bowling League

By Les Resnick

We bowl each Monday at 10:00 AM for 32 weeks (we get done a little after 12:00 Noon).

For more information, contact Les Resnick at 954-366-5352 or email him at lresnick@yahoo.com or Angela Hirshenson at 954-917-6961 or email: angelamartin810@bellsouth.net



Wynmoor Video and Film Club

By Enid Wolf-Schein

The Wynmoor Short Film Festival is coming up soon! Save this date... Friday, February 1, 2019 at 7:00 PM in the Country Club Lecture Hall, followed by a popcorn and wine reception in Ballroom A at 8:30 PM.

This will be a gala occasion. A first for Wynmoor. Wear your dress-up clothes! All of the films are by Wynmoor filmmakers, whom you will meet. Some of the films even star Wynmoor residents. Some movies are: Abduction: A Love Story; Music of China; Dr. Geezer; The Dress; The Golden Swans; Half Wit, Anger Management, Bargain Bagels; A Letter from God, and more!

Tickets are \$2 including the reception.

Sales start in December in the Country Club Library, Every Monday and Wednesday, 2:00 PM to 4:00 PM.

For info. call: Enid Wolf-Schein at 954-978-1368 or scheinej@aol.com

Canasta Tournament

By Ann Elkin

Players wanted! Please come and spend a beautiful morning and afternoon playing Canasta. Meet lovely ladies and win money also! We meet every Thursday morning at 10:00 AM in the East Wing. Entrance fee is \$5 to play. For more info, call Ann Elkin at 954-978-0911.



ATTENTION: WOMEN

Single, widowed or divorced – to be known as LADY SWORDS. Let's get together for dinner, talk, or the theater.

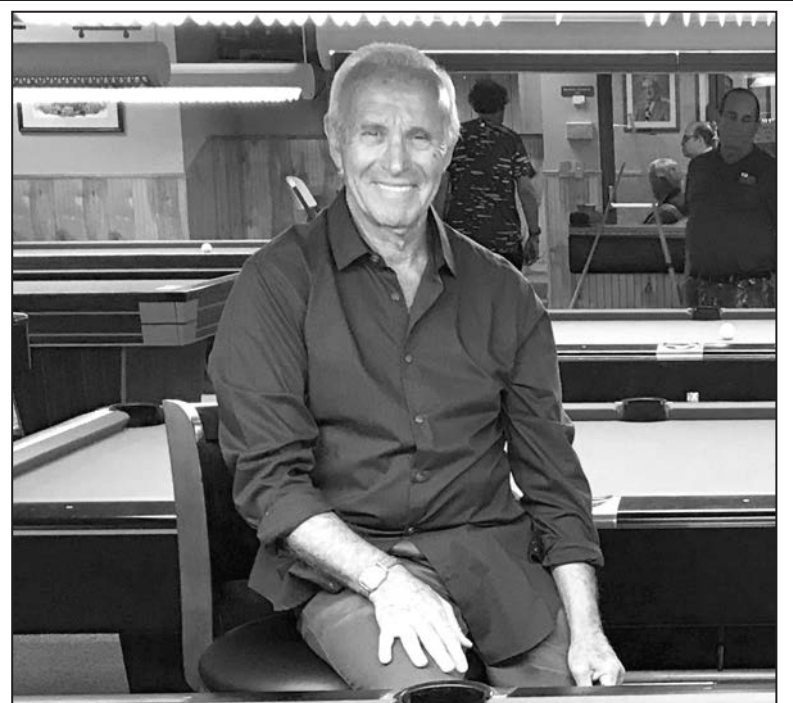
If you are interested, please email Alicia J. Berger at: ajb7332@gmail.com

FREE POOL LESSONS

By Bob Horowitz

Ralph Rubin, Co-president of the Pool and Billiard Club and Tournament Director, is available for lessons from beginner to advanced.

Sign up in the Billiard Room. A signup sheet is available near the front entrance to the room. There is no cost for these lessons.



A Fine Temporary Art Exhibit Worthy of Plaudits in Downtown Fort Lauderdale

By Barry Isaac



On a pleasant Sunday in late October, I was fortunate enough to spend a fascinating day at the NSU Fort Lauderdale Museum of Art. I sedulously studied fine paintings in the current exhibit, “Pierre Renoir - William Glackens, Affinities and Distinctions,” by Pierre Renoir and William Glackens. This exhibit ends on May 19, 2019. Fine oil paintings by Pierre Renoir came to this art museum from art museums in Washington, D.C., Baltimore, Philadelphia, Minneapolis, and Houston. Personal favorites of mine by Pierre Renoir included, “Tamaris, France,” the epitome of Renoir’s Impressionistic style, “Young Soldier,” which shows the influence of Eduoard Manet on Renoir when he was a young man. Other favorites of mine included, “Woman in Corner Stove, Portrait of Jean Renoir,” a fine Impressionist portrait of Renoir’s son and “Nude In A Chair,” which depicts a typical Renoir depiction of a woman with a ponderous body.

Favorite paintings of mine by William Glackens, sometimes called by connoisseurs were the “American Renoir” which included, “Breakfast Porch, Artist’s Daughter in Chinese Costume, Bowlers at La Ciotat,” a fine depiction of French people at play, “Andalucian Woman,” a fine painting with Oriental charm, “Indian Series, Flautist on Peacock,” and “Beach Scene, New London, Connecticut” in this exhibit. The Fort Lauderdale Art Museum has a definitive collection of paintings by William Glackens in its permanent collection.

From the permanent collection, I appreciated fine Cobra School paintings and works of art by Karel Appel, Asger Jorn, Lucebert, and Maggi Giles. Cobra favorites included, Karel Appel’s, “Big Bird and Child” and Luebert’s, “Blue Boy.” I also appreciated fine works by Contemporary artists such as Julian Schnabel, “Portrait of Olatz,” oil and resin on canvas and Jose Bedia, “Violin For Guardian Angel” mixed media. This art museum also has an excellent

array of Ceremonial Art from different African countries.

Admission is twelve dollars for adults and eight dollars for seniors 65 and older. For further information, you can call this aesthetically magnificent art museum at 954-525-5500.



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Continuing A Rich Tradition Of Assisting Others In Ties Of Need

By Sheriff Scott Israel

When disaster strikes, the Broward Sheriff's Office is ready, willing and able to lend a helping hand to those in need at a moment's notice, no matter where or when it occurs. From the heart of Broward to the people in need in the Carolinas and the Florida Panhandle, BSO was there to assist in whatever manner was needed during this deadly and catastrophic 2018 hurricane season.

Following the monster one-two punch of Hurricane Florence and Hurricane Michael, dozens of our brave men and women in the Department of Law Enforcement and Broward Sheriff Fire Rescue (BSFR) answered the call for help from our neighbors and friends who were in desperate need of assistance. They put their comforts aside and put their lives on the line to help people in far-off locations they knew little to nothing about.

These selfless actions are a continuation of BSO's long and rich history of sending assistance to other counties, states and even countries who have been impacted by disaster. While ensuring the safety and security of Broward residents and visitors is always BSO's top priority, we promote the ideals of public safety by helping any way and anywhere we can. Public safety is about helping out those in need, even if disaster doesn't touch us personally. As this devastating hurricane season showed, there were many who required the kindness and assistance of outside help.

Following Hurricane Florence's fury in September, a team of BSFR personnel sprang into action at a moment's notice to assist in the rescue efforts in South Carolina in the aftermath of the hurricane. The team was deployed as part of the FEMA Urban Search and Rescue Florida Task Force 2 and was tasked with locating and helping people stranded due to the rising waters of the hurricane. While on the ground, these brave men and women assisted in multiple rescues and no doubt helped save lives. Just weeks later, the team was sent into action once again when Hurricane Michael tore through the Florida Panhandle.

They were joined by BSO's Quick Response Force—a unit of 24 law enforcement personnel from all around the county who packed into a caravan




and headed up to Bay County in the Florida Panhandle to assist in providing law enforcement services to the ravaged region. Working 12-hour shifts, the 23 deputies and one community service aide performed vital law enforcement functions, including responding to calls for service, patrolling for anti-looting, assisting with traffic and search and rescue.

So we would not be a burden on local resources, which were greatly diminished by the hurricane, this unit was self-contained, meaning they arrived with everything they needed, including water, food and clothing to last for their eight-day deployment.

These deployments came just a year after BSO personnel travelled to the Florida Keys and Puerto Rico to help in the relief efforts and assist the storm-weary residents following the devastation caused by Hurricane Irma and Hurricane Maria.


I am so incredibly proud of the men and women of this agency who drop everything and give their all to help any way they can. If disaster strikes again, they are ready to roll.





Happy Chanukah and Merry Christmas

from the Insider Staff



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Puzzles and Games

Solutions from page 42

Crossword Puzzle

F	R	O	M		A	R	C	S		C	O	W	L			
L	A	V	A		R	E	A	C	T		O	B	O	E		
I	C	E	D		R	A	D	A	R		T	I	K	E		
T	E	R	N	S		P	E	R	I	M	E	T	E	R		
		W	E	E	D		T	A	P	I	R					
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Sudoku

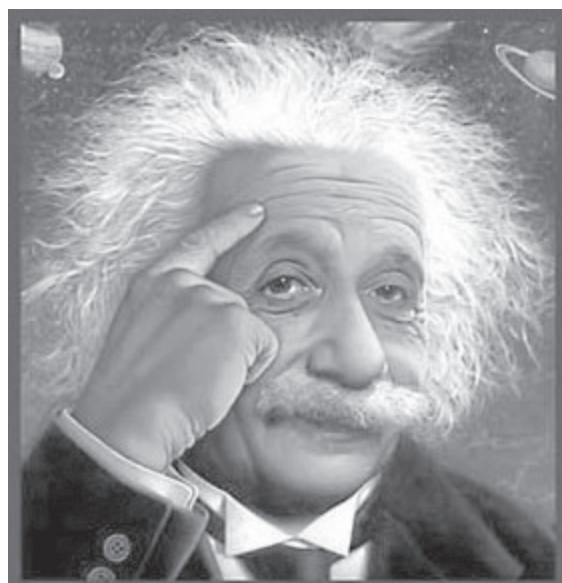
5	7	6	8	3	4	1	9	2
8	2	4	5	9	1	6	3	7
9	1	3	2	6	7	5	8	4
2	6	1	4	5	8	9	7	3
4	8	5	3	7	9	2	6	1
7	3	9	6	1	2	4	5	8
6	5	7	1	4	3	8	2	9
1	9	2	7	8	5	3	4	6
3	4	8	9	2	6	7	1	5

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B	S	E	W	H	G	N	T	D	D	U	P	D	A	E	R	B	E	E	N	
R	R	I	S	Y	C	A	R	R	O	T	C	A	K	E	F	D	S	K	R	
O	I	P	O	T	U	H	A	M	L	A	R	E	P	L	A	S	A	T	E	
W	A	E	R	F	R	V	E	E	A	E	E	S	A	E	U	C	R	L	L	
N	L	L	I	A	O	A	M	E	S	E	I	N	R	O	T	I	C	P	B	
I	C	P	N	L	I	O	T	L	S	R	R	B	M	R	F	G	I	L	B	
E	E	P	V	S	N	S	L	R	C	E	R	C	O	L	T	R	N	U	O	
S	S	A	E	B	S	A	I	E	E	E	C	H	E	S	E	S	N	M	C	
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D	S	C	R	E	M	E	B	R	U	L	E	E	P	A	S	T	R	I	E	S

Find and circle all of the words that are hidden in the grid.
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